### **Ridgemont Schools**

162 East Hale Street Ridgeway, Ohio 43345 Phone: 937.354.2441

Fax: 937.354.2194

E-Mail: edavis@ridgemont.k12.oh.us









# **COORDINATED SCHOOL** HEALTH PLAN

2012-2015

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## Healthy Schools Leadership Institute Committee Members

Name	Title	Contact Information
Emmy Davis	Superintendent	edavis@ridgemont.k12.oh.us
Amy Bahr	Nurse at Ridgemont Schools	bahr@ridgemont.k12.oh.us
Autumn Critchfield	High School Student	critchfield@rghs.ridgemont.k12.oh.us
Wendi Geissinger	Pre-School Teacher & Parent	geissinger@ridgemont.k12.oh.us
Greg Johnson	Physical Education 7- 12 Teacher & Parent	johnson@ridgemont.k12.oh.us
Stephanie Jolliff	Agricultural Education Teacher & Parent	jolliff@ridgemont.k12.oh.us
Jessica Kroetz	Guidance Counselor	kroetz@ridgemont.k12.oh.us
June Sutherin	Retired Teacher & Grandparent	sutherin@ridgemont.k12.oh.us

#### Ridgemont's Mission

The Ridgemont Local Schools will work with parents and the community to graduate students who think critically, solve problems, make decisions, and have the skills necessary for productive citizenship and lifelong learning.

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#### Wellness Plan

- I. Coordinated School Health Plan
  - Health Education and Physical Education
  - Health Services
  - Nutrition Services
  - Counseling and Psychological Services
  - · Healthy and Safe School Environment
  - Healthy Promotion to Staff
  - Family and Community Involvement
- II. Coordinated School Health Plan Initiatives
  - Curriculum Health Guides k-12
  - SPARK Physical Education Curriculum k-6
  - "Take Ten" Classroom Program
  - Family Fitness Nights
  - Fuel Up To Play 60
  - Protein Provides Eggs to Local Food Bank
  - Back Pack Buddy Program
  - Earth Boxes for Summer Gardening
  - On-Line Health Education
  - World Food Day Initiative Reverse Food Drive
  - SNAP Nurse Data Tool
  - Enhance Aspirations Team
  - Investigation Bucket Fillers
  - CARE team
  - Peer Mediation
  - Peer Mentorship Programs
  - Service-Learning Initiative
  - Partners In Education