

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**1**

**WG Emoji Waffles**  
Breakfast Smoothie  
Hot Ham  
Assorted Fruit & Vegetables

**2**

**Beef or Chicken Nachos**  
Assorted Toppings  
Black Beans  
Assorted Fruit & Vegetables

**3**

**BBQ Chicken**  
Mashed Potatoes  
Steamed Corn  
Assorted Fruit & Vegetables

**4**

**Whole Grain Gill's Pizza**  
Caesar Salad  
Mini Treat  
Assorted Fruit & Vegetable

**7**

**Hamburger or Cheeseburger on Whole Grain Bun**  
Oven Fries  
Mini Pickles  
Assorted Fruit & Vegetables

**8**

**Whole Grain Decorated Donut**  
Egg Patty  
Hot Ham  
Assorted Fruit & Vegetables

**9**

**Grilled Cheese on Whole Grain Bread**  
Tomato Soup  
Assorted Fresh Fruit  
Assorted Fresh Vegetables

**10**

**Spaghetti with Meat Sauce or Plain Pasta**  
Whole Grain Garlic Bread  
Assorted Fruit & Vegetables

**11**

**Whole Grain Pizza Sticks**  
Marinara Dipping Sauce  
Caesar Salad  
Mini Treat  
Assorted Fruit & Vegetable

**14**

**-No School-**

**15**

**Whole Grain Pancakes**  
Sausage Patty  
Cheese Stick  
Assorted Fruit & Vegetables

**16**

**Macaroni & Cheese or Plain Pasta**  
Whole Grain Dinner Roll  
Steamed Green Beans  
Assorted Fruit & Vegetables

**17**

**Beef Hot Dog on Whole Grain Bun**  
Oven Fries  
Baked Beans  
Assorted Fruit & Vegetables

**18**

**WG Stuffed Crust Pizza**  
Caesar Salad  
Mini Treat  
Assorted Fruit & Vegetable

**21**

**Chicken Patty On Whole Grain Bun**  
Oven Fries  
Assorted Fruit & Vegetables

**22**

**Teriyaki Chicken**  
Brown Rice  
Steamed Carrots  
Fortune Cookie  
Assorted Fruit & Vegetable

**-Early Release- 23**

**Whole Grain French Toast Sticks**  
Cheese Stick  
Assorted Low Fat Yogurt  
Assorted Fruit & Vegetables

**24**

**Beef or Chicken Nachos**  
Assorted Toppings  
Black Bean & Corn Salsa  
Assorted Fruit & Vegetables

**25**

**Whole Grain Pizza**  
Caesar Salad  
Mini Treat  
Assorted Fruit & Vegetable

**28**

**Whole Grain Corn Dog**  
Oven Fries  
Assorted Fresh Fruit  
Assorted Fresh Vegetables

**29**

**Whole Grain Cinnamon Buns**  
Egg Patty  
Hot Ham  
Assorted Fruit & Vegetables

**30**

**Pasta with Meat Sauce**  
Whole Grain Dinner Roll  
Green Peas  
Assorted Fruit & Vegetables

**31**

**Bat Shaped Nuggets**  
Brown Rice  
Steamed Corn  
Spooky Treat  
Assorted Fruit & Vegetables



**All meals served with fruit, vegetables, and low fat assorted milk choices**  
**Alternative Meals Offered Daily:** Pizza Pack, Nacho Meal, Cereal/Yogurt Meal, Assorted Sandwiches