

Monday

Tuesday

Wednesday

Thursday

Friday



***National 4**

School Breakfast Week*
Whole Grain French Toast Sticks
Assorted Low Fat Yogurt
Baked Hash Brown

***National 5**

School Breakfast Week*
Whole Grain Waffles
Assorted Toppings
Hot Ham
Cheese Stick

***National 6**

School Breakfast Week*
Bacon, Egg, Cheese on Whole Grain Bagel
Baked Tater Tots
Assorted Fruit & Vegetables

***National 7**

School Breakfast Week*
Whole Grain Cinnamon Bun
Egg Patty
Breakfast Sausage

1

-No School-

8

Whole Grain Gill's Pizza
Caesar Salad
Mini Treat
Assorted Fruit & Vegetables

11

WG Chicken Nuggets
Mashed Potatoes
Steamed Corn
Assorted Fruit & Vegetables

12

-No School-

13

Whole Grain Pancakes
Cheese Stick
Egg Patty
Assorted Fruit & Vegetables

14

Macaroni & Cheese or Plain Pasta
Whole Grain Roll
Veggie Medley
Assorted Fruit & Vegetables

15

WG Stuffed Crust Pizza
Caesar Salad
Mini Treat
Assorted Fruit & Vegetables

18

Hamburger or Cheeseburger on Whole Grain Bun
Oven Fries
Mini Pickles
Assorted Fruit & Vegetables

19

Whole Grain Donut St. Patty Decorated
Egg Patty
Hot Ham
Assorted Fruit & Vegetables

20

Teriyaki Chicken
Brown Rice
Steamed Broccoli
Assorted Fruit & Vegetables

21

Pasta with Meat Sauce or Plain Pasta
Whole Grain Garlic Bread
Steamed Carrots
Assorted Fruit & Vegetables

22

WG Pizza Sticks
Marinara Dipping Sauce
Caesar Salad
Mini Treat
Assorted Fruit & Vegetables

25

Beef Hot Dog on Whole Grain Bun
Oven Fries
Baked Bean
Assorted Fruit & Vegetables

26

Whole Grain Emoji Waffles
Crispy Bacon
Assorted Low Fat Yogurt
Assorted Fruit & Vegetables

27

Grilled Cheese on Whole Grain Bread
Tomato Soup
Assorted Fruit & Vegetables

28

Beef or Chicken Nachos
Assorted Toppings
Assorted Fruit & Vegetables

29

Whole Grain Gill's Pizza
Caesar Salad
Mini Treat
Assorted Fruit & Vegetables

All meals served with fruit, vegetables, and low fat assorted milk choices

Alternative Meals Offered Daily: Pizza Pack, Nacho Meal, Cereal/Yogurt Meal, Assorted Sandwiches

All Accompanied with Fresh Vegetables, Fruit and Low Fat Milk