

Monday

Tuesday

Wednesday

Thursday

Friday



4

**WG French Toast Sticks**  
Cheese Stick  
Egg Patty  
Assorted Fresh Vegetables

5

**-No School-**

6

**Beef Hot Dog on Whole Grain Bun**  
Oven Fries  
Baked Beans  
Assorted Fruit & Vegetables

7

**Grilled Cheese on Whole Grain Bread**  
Tomato Soup  
Assorted Fresh Fruit  
Assorted Fresh Vegetables

1

**Whole Grain Gill's Pizza**  
Caesar Salad  
Mini Treat  
Assorted Fruit & Vegetable

8

**WG Stuffed Crust Pizza**  
Caesar Salad  
Mini Treat  
Assorted Fruit & Vegetable

11

**-No School-**

12

**Whole Grain Waffle**  
Baked Tater Tots  
Assorted Yogurt  
Assorted Fruit & Vegetables

13

**Whole Grain Chicken Nuggets**  
Couscous Orzo Salad  
Steamed Peas  
Assorted Fruit & Vegetables

14

**Pasta with Meat Sauce or Plain Pasta**  
Whole Grain Dinner Roll  
Steamed Carrots  
Assorted Fruit & Vegetables

15

**Whole Grain Pizza**  
Caesar Salad  
Mini Treat  
Assorted Fruit & Vegetable

18

**WG Corn Dog**  
Oven Fries  
Steamed Broccoli  
Assorted Fruit & Vegetables

19

**Whole Grain Donut**  
Egg Patty  
Breakfast Sausage  
Assorted Fruit & Vegetables

20

**Beef or Chicken Nachos**  
Assorted Toppings  
Black Beans  
Assorted Fruit & Vegetables

21

**Macaroni & Cheese or Plain Pasta**  
Whole Grain Dinner Roll  
Steamed Vegetable  
Assorted Fruit & Vegetables

22

**Whole Grain Gill's Pizza**  
Caesar Salad  
Mini Treat  
Assorted Fruit & Vegetable

25

**WG Pizza Sticks**  
Marinara Dipping Sauce  
Caesar Salad  
Assorted Fruit & Vegetables

26

**Whole Grain Pancakes**  
Assorted Yogurt  
Hot Ham  
Assorted Fruit & Vegetables

27

**-No School-**

28

**-No School-**  
**Happy Thanksgiving!**

29

**-No School-**

**All meals served with fruit, vegetables, and low fat assorted milk choices**

**Alternative Meals Offered Daily:** Pizza Pack, Nacho Meal, Cereal/Yogurt Meal, Assorted Sandwiches