

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

Jackson City School District



THE  
**PARENT**  
INSTITUTE®

## March 2024

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

1. Record a conversation with your child. Listen to it together and talk about how your voices sound.
2. Review math facts with your child today.
3. Talk about your day in lots of detail. Then, ask about your child's day.
4. Play Alphabet Mix-up. Choose a word and put the letters in alphabetical order. Can your child figure out the word?
5. Talk to your child about a time you had to work with someone you didn't like. How did you handle it?
6. Talk about a familiar place and have your child decide which direction it is from your home—*north, south, east or west*. Then, look at a map.
7. Have your child turn a news article headline into a question. Then, read the article together. Did it answer the question?
8. Have your child choose a famous woman to learn more about. Look for biographical information online or at the library.
9. Fly a kite with your child today.
10. Encourage your child to read today's top news stories and report on one at dinner tonight.
11. Have your child read to you while you're in the car or on the bus.
12. Demonstrate how to take your own pulse. Have your child do it. Then, jump up and down 50 times together and take your pulses again.
13. Help your child start a collection. Provide a place to keep it—a box, a shelf, a drawer.
14. Set an example for your child by reading. Then, say something like, "I love reading about new things!"
15. Together, think of several words that start with the same letter. Put them in a sentence that makes sense.
16. Relax together. Say how much you enjoy your child's company.
17. Ask your child to use a radio announcer voice to read aloud to you.
18. Let your child help you make a family chore chart. Everyone can check off jobs as they are finished.
19. Ask your child to draw a self-portrait.
20. Go outside and watch as the wind moves through the trees. Ask your child, "What sound does the wind make?"
21. Ask your child, "What are you thinking right now?"
22. Talk with your child about the importance of telling an adult when someone is being bullied.
23. Books that win the Caldecott medal have great illustrations. Help your child find one at the library.
24. Does your child ride a bike? Review the rules of bicycle safety.
25. Post a funny saying or comic where your child will see it.
26. Have your child write a letter or draw a picture for a living author of a book. Send it to the author in care of the book's publisher.
27. Hold a family meeting. Decide on some family goals together.
28. Encourage your child to take healthy risks. For example, suggest talking to a classmate your child doesn't know well.
29. Help your child make a plan and carry it out.
30. Combine TV viewing with exercise. When a commercial comes on, get your family up and move. Jump up and down, run in place, do sit-ups.
31. Check ads for prices ending in 98 or 99 cents. Challenge your child to round off and estimate how much four of these items would cost.