



# ***PHS College and Career Counseling Department Newsletter***

**January 2025**

## **College and Career Counseling Department Contact Information**

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# **POLICY CHANGE: PARKING PASSES**

In the new Program of Studies a change was added to the Community Service section in regards to Parking Privileges. Starting with the 2025-2026 school year all Juniors must have completed 20 hours of community service in order to be eligible for a parking pass. A student from the class of 2027 will not be allowed to park on school grounds if they do not have 20 hours documented by their school counselor before applying for their parking pass.

To assist in obtaining community service hours, the College and Career Counseling office sends emails to students with volunteer opportunities available. There are many local and community events and the hours served must be for the benefit of the community, not for the benefit of a profit-making business. If the activity has not been directly promoted through the Counseling Department, a Pre-Approval Form is required before beginning any service.

## **Important Information Regarding a Change in Schedule**

January 23, 2025 is the first day of the new semester. Please keep in mind that schedule changes are to be made within the first 5 days of the course.

As stated in your Student Handbook, once the academic year begins there should be no schedule changes other than for the following reasons:

- Graduation requirements are missing
- Prerequisite has not been met
- Duplication of courses
- College is requesting a specific course
- Medical Withdrawal
- Student wants to drop a course they did not request for an alternative course in its place

# CTE Presentation for Sophomore Parents/Guardians

## Career and Technical Education Opportunities

Wednesday, January 8, 2025, 6:00pm – 7:15pm

### PHS Auditorium

Pelham High School offers CTE classes through three different area CTE Centers. Pinkerton Academy, Salem High School, and the Alvirne High School Palmer Career Center. Students apply for these programs during their Sophomore year.

There will be representatives here from our three CTE Centers to give presentations and answer questions.

Electrical, Construction, Environmental Sciences, Cosmetology, Biomedical Science, and Health Sciences are just a few of the programs that are available.

If you or your student are interested in these programs but will be unable to attend the presentation please email Lisa Massahos at [lmassahos@pelhamsd.org](mailto:lmassahos@pelhamsd.org) for more information.





## Junior College Planning Presentation

On Thursday, January 31st outside presenter Richard Haynes will be meeting with all Juniors during their advisory to go over the college application process. He will share what colleges are looking for when students are applying to their schools including letters of recommendation, college essays, transcript information and so much more. This presentation will kick off the individual junior meetings with each student's counselor that will take place throughout the month of February.



## **Naviance Presentations for Sophomores**

During the month of January during their advisories all sophomores are meeting with their counselors for small group presentations to work more in-depth with our Naviance program, an essential tool for career and college planning. During the sessions, students explore the *Self-Discovery* section, which helps them better understand their strengths, interests, and potential career paths.

The *Career Cluster Finder* allows students to dive deeper into their top career interests, fostering engaging discussions in small groups. This activity empowers students to connect their personal passions to real-world opportunities.

Additionally, conversations focus on course selection and PHS's *Career Pathways*—a series of targeted courses at PHS designed to build knowledge and skills that help students peak their interest in different occupations and industries before college. Students are encouraged to follow up with their school counselors to further explore their career interests and develop personalized pathways to success.



## Community Service

Community Service is a Pelham High School graduation requirement. The **Class of 2025 must have** their 40 hours completed and submitted by **March 15th, 2025**. Please check your email often for community service opportunities sent out by Mrs. Frechette.

Please be sure to turn in your completed community service hours **within 8 weeks** of completing your service activity. Fill out and submit the [completion form](#) to the College and Career Counseling Department. Forms submitted later than eight (8) weeks will receive only  $\frac{1}{2}$  credit, provided the forms are presented within the academic year in which they were performed. Community service opportunities and completion sheets are available on the Pelham High School website under the College and Career Counseling Department tab.



## **Community Service Opportunity**

The Pelham Library is excited to offer teens the opportunity to create displays in the Teen Area! Displays must feature books exclusively from the Pelham Library's collection. To apply, interested teens must complete an application form. The form is included here and also on the library's website. [Teen Display Application Draft \(1\).pdf](#)





**NASHUA**  
COMMUNITY COLLEGE

Welcome  
to NCC!



**January 13, 5-7 PM**



# OPEN HOUSE

*Find your Community!*

## SPECIAL FEATURES

- College Tours
- Early College
- ESL/ESOL
- Ask about the Promise Program!  
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## DISCOVER NEW PROGRAMS:

- Aviation Management
- Nutrition & Wellness
- Information Technology
- Automotive Evening Classes
- Aviation Technology Evening Classes
- Air Traffic Control - COMING FALL 2025

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*Best Wishes for a Happy and Healthy New Year!*

*From the College and Career Counseling Department*