



***PHS College and Career Counseling
Department Newsletter***

January 2023

College and Career Counseling Department Contact Information

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*Please Join Us for an Evening CTE Presentation for Sophomore
Parents/Guardians*

January 11, 2023

6:00pm-7:00pm

PHS Auditorium

Come find out what Pelham High School has to offer for CTE (Career and Technical Education) opportunities.

We will have representatives here from our three CTE Centers. Pinkerton Academy, Salem High School and the Alvirne High School Palmer CTE Center.

Registration for these classes is now open, the deadline is January 17th.

Please contact Lisa Massahos for any further information.

lmassahos@pelhamsd.org



It's time for Juniors to start preparing!

This month the counselors will be meeting with all Juniors to discuss the College and Career Planning Process. This will be a brief overview to discuss transcripts, course selections for next year, researching colleges and majors, and much more! We look forward to starting this exciting process with the Class of 2024!

Teacher Recommendation Letters: Class of 2023

When you ask a teacher to write you a letter of recommendation please allow them up to 30 days to submit the letter to your school counselor. You can check your Naviance account for updated information. Please check with your school counselor if you have any questions or need help.

College Application Help

College application time is approaching, the English Honor Society is offering college essay workshops during advisory.

Our Friday workshops will offer...

- Information on college essay guidelines
- Help with topic ideas
- Assistance with essay revision

Please fill out this [form](#) to sign up for a session and you will be scheduled in My Flex Learning. Please contact Mrs. Davitt if you have any questions!

Tutoring

After school tutoring will be on Wednesday afternoons from 2:30-3:30 in the PHS Library.

Math tutoring is available after school in the PHS Library on Wednesday and Thursday afternoons from 2:30-3:30.

Community Service

Class of 2023 community service hours are due by March 16, 2023. Community service hours are a Pelham High School graduation requirement.

The community service tab located underneath the College and Career Counseling Department tab is updated each Monday with current [OPPORTUNITIES](#). Please be sure to turn in your completed community service hours **within 8 weeks** of completing your service activity. Fill out and submit the [completion form](#) to the College and Career Counseling Department. Forms submitted later than eight (8) weeks will receive only ½ credit, provided the forms are presented within the academic year in which they were performed. Community service opportunities and completion sheets are available on the Pelham High School website under the College and Career Counseling Department tab.

Working Permits

The NH Youth Employment Certificate (working papers) is required for any youth 12-15 years old and must be on file at the employer's place of business within three business days of the first day of employment. Working papers for students can be obtained from the NH Department of Labor website. The [website](#) lists detailed instructions and the [forms](#) can be printed at home and signed by parents, saving a trip to the school. If you are unable to print from home, there will be copies at the main office. NOTE: NH students who will be working in a different state must obtain paperwork from that state.

