



Rainbow Group

A virtual support and education group for LGBTQ+ teens and allies

Rainbow Group is a safe place for discussion and will cover a variety of topics:

- Dealing with Bullies
- Parental Issues
- Healthy Relationship Skills
- Self Esteem
- Handling Microaggressions
- Up-leveling Communication Skills
- Resources and Support

**Join our virtual support group from wherever you are.
Wednesdays at 4 p.m.**

Participants must be enrolled clients who are school-aged teenagers.
Send referrals to Mardi at mclewettvonronne@centermh.org



www.centermh.org