

SUNLIGHT VILLAGE



Children's Mental Health A Collective Obligation



OUR STORY...



The Mission of Sunlight Village is to provide mental health, youth development and nutritional programs and services within inner-city, west Dayton as we fulfill our vision to address disparities for the underserved in all communities.

Home

Church

Safety



**COLLECTIVE
OBLIGATION**

School

Friends

Community

Health Care

Mental Illness

A mental illness is a condition that affects a person's thinking, feeling, behavior or mood. ***These conditions deeply impact day-to-day living*** and may also affect the ability to relate to others.

National Alliance of Mental Illness

Mental Health

Mental health is the foundation for the well-being and effective functioning of individuals. ***It is more than the absence of a mental disorder***; it is the ability to think, learn, and understand one's emotions and the reactions of others. ***Mental health is a state of balance***, both within and with the environment.

World Health Organization

RISK FACTORS:

A risk factor is something that helps to create problems.

Risk factors are characteristics at the biological, psychological, family, community, or cultural level that precede and are associated with a higher likelihood of negative outcomes.

PROTECTIVE FACTORS:

A protective factor is something that helps to prevent problems.

Protective factors are characteristics associated with a lower likelihood of negative outcomes or that reduce a risk factor's impact. Protective factors may be seen as positive countering events.



[Protective Factors Approaches in Child Welfare](#)



RISK FACTORS:

PREMATURE BIRTH
COMPLICATIONS DURING CHILDBIRTH
POOR PARENTAL ATTACHMENT
PHYSICAL, MENTAL, EMOTIONAL ABUSE, NEGLECT
VIOLENCE & TRAUMA
BULLYING & ISOLATION
DEATH OF A FAMILY MEMBER
DISCRIMINATION & POVERTY
POOR SUPPORT SYSTEMS
PARENTAL MENTAL ILLNESS, DRUGS & ALCOHOL
POOR PARENT & SCHOOL CONNECTIONS

Mental health problems are complex issues and are never the result of one risk factor. Someone who has several risk factors could have more resiliency towards problems than someone else who experienced less risk factors. It is important to remember that each individual person experiences stress, pain, and risk in different ways.

<https://www.americanmentalwellness.org/prevention/risk-and-protective-factors/>



BUILDING RESILIENCE IN OUR PARENTS & FAMILIES

PROTECTIVE FACTORS

NURTURING AND ATTACHMENT

KNOWLEDGE OF PARENTING AND CHILD
DEVELOPMENT

SOCIAL CONNECTIONS

POSITIVE FAMILY CONNECTIONS

SAFE NEIGHBORHOODS & PLACES TO PLAY

SOCIAL EMOTIONAL COMPETENCE

CULTURE

MENTAL HEALTH COUNSELING AND SUPPORT

COMMUNITY RESOURCES

PHYSICAL HEALTH

FAITH BASED COMMUNITY SUPPORT

My name is ELI and here is my story...

**Single Parent Household
Incarcerated Parent
Drugs & Alcohol
Homelessness
Hunger
Low Self-Esteem
Angry
Poor Grades In School
Labeled as a Bad Kid
Mental Illness in my
Family
No Safe Place to Play
Violence & Death
Sadness & Hopelessness**



DO YOU FEEL YOU HAVE AN OBLIGATION TO SUPPORT THE MENTAL HEALTH AND WELL-BEING OF CHILDREN...

HOW CAN WE COLLECTIVELY SUPPORT THE MENTAL HEALTH AND WELL-BEING OF OUR CHILDREN...



NOT AN OPTION...



BULLY SUICIDE PROJECT
Presented by Campus Harmony, Inc.
www.bullysuicideproject.com

"1 out of 4 kids will be bullied in school"

Photographed by Tracy Nanthavongsa



Home-US

SAFETY-US

Church-US

**Friends
-US**



**School
-US**

**Community
-US**

**COLLECTIVE
OBLIGATION**

**Health Care
-US**

**OUR CHILDREN ARE OUR FUTURE
AND IT'S GOING TO TAKE ALL OF US**