



## EMPLOYEE SUPPORT PROGRAM

*Achieving balance through  
total wellbeing and support*

### STAFFED BY PROFESSIONALS

The service is staffed by a team of highly trained and qualified professionals who are experts in fields such as wellbeing, family matters, relationships, debt management, employment issues, consumer rights, and much more. You can be confident that the information you receive is accurate, up-to-date, and relevant to your particular circumstances. Work Place Options is included in your EAP benefit.

WORK PLACE OPTIONS: **866-849-1695**

WEBSITE:

[https://www.solutionsbiz.com/Work\\_Life](https://www.solutionsbiz.com/Work_Life)

LOGIN CODE: **tsg**

Click the "Submit" button



ALWAYS AVAILABLE. ALWAYS CONFIDENTIAL.

#### CHILD CARE

- Choosing Child Care
- Summer/Holiday Care
- Special Needs Child Care
- Community Resources

#### ADULT CARE

- Care for Older Adults
- Special Needs Adult Care
- Medicare and Medicaid
- Caregiver Support

#### PARENTING

- Adoption
- Pregnancy and Infertility
- Talking to Teenagers

#### EDUCATION

- K-12
- Colleges and Universities
- Financing
- GED/Vocational
- Tutors and Test Prep

#### DAILY LIVING

- Travel and Recreation
- Dining and Entertainment
- Consumer Issues
- Pet Care
- Community Resources
- Legal and Financial Issues
- Health and Wellness

#### CAREER

- Skill Building and Career Training
- Stress Management
- Co-Worker Relationships
- Transition and Relocation

*Your employer recognizes the challenges of balancing work with the circumstances of everyday life. That's why you and your family have access to assistance provided by your employee support program. When you call the toll-free number, a qualified Consultant will respond to your request thoroughly and promptly. And when you log on to the Employee Support Website, you'll find an abundance of useful resources, articles, links and interactive tools.*

#### SERVICE OVERVIEW

- A complementary component to other employee benefits
- Provides professional consultation and referral to assist with a wide spectrum of work, family, and personal issues
- Accessed by phone, e-mail, instant message, or website
- Available anytime, any day
- Always confidential
- No cost to you or your family to use the service.
- No limit to the number of issues for which you may use the service

#### SPECIAL FEATURES AND BENEFITS

In addition to the live support from professional Consultants, the following special features are available for your benefit:

- **LiveConnect**, a feature that allows you to instant message a Consultant
- **Savings Center**, where you can shop name-brands at discounts of up to 25%
- Financial and Daily Living Calculators, for a variety of practical applications
- **Lifelines**, a quarterly newsletter with information on topics for your daily life



#### ACCESS IS EASY

No matter when, no matter where, you and your family have access to professional support. Call or log on to get started.

WORK LIFE TOLL-FREE:  
**866-849-1695**

THE SOLUTIONS GROUP:  
**866-254-3555**



A division of Presbyterian  
Healthcare Services

The service is a free benefit from your employer.