

# SPRING BREAK MIDDLE SCHOOL MOUNTAIN BIKE CAMP



March 27, 29, 31

5-7pm

\$40.00 per student

(scholarships are available)



Learn basic skills like body positioning, wheel lifting, braking, cornering, shifting, climbing, descending, trail etiquette, and bike care in a fun environment. Camp is taught by certified coaches and members of the Montrose High School Mountain Bike Team.

Camp meets at the MRD Field House.

A limited number of loaner bikes are available

Use code BIKEMS to register at 970-249-7705 or

[www.montroserec.com](http://www.montroserec.com)

