

## Mariemont JR High

## December 2024 Complete your meal with Healthy Choices!

- -Remember you must take a fruit, vegetable, or juice to complete your meal.
- -All bread/grain items are 50% whole grain!
- -Fat-Free Chocolate and Low-Fat White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fish Nuggets French Fries Peaches Milk/Juice	Mini Corn Dog Cantaloupe Carrots Milk/Juice	Nachos Fruit Mix Refried Beans Milk/Juice	Chicken Tenders Pears Veggie Blend Milk/Juice	Orange Chicken  over Rice  Fruit Mix  Broccoli  Milk/Juice
Chicken Patty with BBQ Sauce Tater Tots Pineapple Milk/Juice	Soft Tacos Pears Black Beans Milk/Juice	Chicken Alfredo Peaches Broccoli Milk/Juice	French Toast Sausage Patty Cantaloupe Milk/Juice	Loaded Tots Fruit Mix Cucumbers Milk/Juice
Mac & Cheese Pears Veggie Blend Milk/Juice	Nachos Fruit Mix Refried Beans Milk/ Juice	Double Cheeseburger Mandarin Oranges Green Beans Milk/Juice	Buffalo Chicken patty Applesauce Carrots Milk/Juice	20 Chef's Choice
	This institution is A Equal opportunity provider		Menu Subject to Change	

