



Mariemont Junior High School Lunch Menu **September 2023**

Complete your meal with Healthy Choices!

- Remember you must take a fruit, vegetable, or juice to complete your meal.
- All bread/grain items are 50% whole grain!
- Fat-Free Chocolate and Low-Fat White Milk

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				¹ Pizza Day or Disco Fries
⁴ NO SCHOOL LABOR DAY	⁵ Chicken Patty or Walking Taco	⁶ Bosco Sticks or Korean Beef Stew	⁷ Mac n Cheese or Spicy Chicken Sandwich	⁸ Meatball Sub or Cheeseburger
¹¹ Popcorn Chicken Bowl or Fish Sandwich	¹² Beef Soft Tacos Or Cheeseburger	¹³ Rice N Bean Bowl or Corn Dogs	¹⁴ Spaghetti & Meatballs Or Bosco Sticks	¹⁵ Buffalo Chicken Meatball Mac n Cheese Or Chicken Patty Sandwich
¹⁸ Chicken & Cheese Penne or Chili Cheese Dog Chicken Parmesan on Penne Or Black Bean Burger	¹⁹ Beef Nachos or Grilled Ham N Cheese	²⁰ Thai Chicken Bowl or Spicy Chicken Sandwich	²¹ Loaded Tots w/ Popcorn Chicken Or Cheeseburger	²² Mac n Cheese Or Bosco Sticks
²⁵	²⁶ Chicken Soft Tacos Or Bosco Sticks	²⁷ Chicken Alfredo Penne or Chicken Patty Sandwich	²⁸ Orange Chicken over Rice or Spicy Chicken Sandwich	²⁹ Buffalo Popcorn Chicken Mac n Cheese or Cheeseburger