



OCTOBER

Growing Up Digital

October Parent Resource

Grades 9–12

Theme: What Should We Share Online?



Older teens may use Snapchat, direct messages, and texting to share photos quickly. Families need honest conversations about consent, pressure, reputation, and the real emotional, school, and legal consequences that can come from sending or forwarding private images.



It Was Supposed to Stay Private

Student E, age 17, sends a private photo to someone they trust. Later, after an argument, Student E worries the image has been saved and may be shared. The other student is pressured by friends to forward it. Both students now face choices that could cause lasting harm. The family must discuss consent, respect, consequences, and how to get help immediately.



TALK ABOUT IT

- What should someone do if they are asked to send a revealing image?
- What should a student do if they receive a private image of someone else?
- Why can saving or forwarding an image be harmful to both the sender and the receiver?
- Who can a teen go to for help if an image is shared?



FOR PARENTS

- Have non-shaming conversations about pressure, boundaries, and digital relationships.
- Be clear that saving or sharing someone else's private image is never okay and can lead to serious consequences.
- Focus on safety, support, and a plan if something goes wrong.
- The long-term goal is a young adult who shows respect and good judgment.



TRY THIS AT HOME

- Do a digital boundaries reset.
- Answer together:
 - What types of photos should stay private?
 - What will I do if someone asks for a private image?
 - What will I do if I receive one?
 - Who are my trusted adults?
 - When will we revisit this agreement?



FAMILY PHRASE

"I won't send, save, or share private images of myself or anyone else—and if something goes wrong, I will get help."