



Lunch Menu Mariemont  
Elementary/Terrace Park

# October 2023

Complete your meal with Healthy Choices!

- Remember you must take a fruit, vegetable, or juice to complete your meal.
- All bread/grain items are 50% whole grain!
- Fat-Free Chocolate and Low-Fat White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hamburger Or Chicken Bowl <b>2</b>	Quesadilla Or Chicken Patty <b>3</b>	Spaghetti & Meatballs Or Chicken <b>4</b>	Breakfast Day Or Mini Corn Dogs <b>5</b>	No School <b>6</b>
No School <b>9</b>	Chicken Patty Or Corn Dog <b>10</b>	Nuggets Nachos Or Quesadilla <b>11</b>	Breakfast Day Or Chicken Patty <b>12</b>	Pizza Day Or Hamburger <b>13</b>
Hot Dog Or Chicken Slider <b>16</b>	Spaghetti W/Meatballs Or Chix Tenders <b>17</b>	Bosco Sticks W/ Dipping Sauce Or Grilled Cheese <b>18</b>	Breakfast Day Or Hamburger <b>19</b>	Pizza Day Or Chicken Patty <b>20</b>
Mac and Cheese Or Mini Corn Dog <b>23</b>	Nachos Or Chix Tenders <b>24</b>	Chicken Bowl Or Quesadilla <b>25</b>	Breakfast Day Or BBQ Chix <b>26</b>	Pizza Day Or Hamburger <b>27</b>
Soft Tacos Or Quesadilla <b>30</b>	Pizza Sticks W/ Dipping Sauce Or Corn Dogs <b>31</b>			