

Milk/Juice

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Lunch Menu Mariemont Junior High

September 2024
Complete your meal with Healthy Choices!

- -Remember you must take a fruit, vegetable, or juice to complete your meal.
- -All bread/grain items are 50% whole grain!

Milk/Juice

AND REMEMBRANCE -All bread/grain items are 50% whole grain! -Fat-Free Chocolate and Low-Fat White Milk				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This Institution is an equal opportunity provider	Nachos Pears Refried Beans	4 Breadsticks Peaches	BBQ Chicken & Cheddar Flatbread	Cheesy Baked Penne
NO SCHOOL	Milk/Juice		Applesauce Tater Tots	
Menu is subject to change		Broccoli Milk/Juice	Milk/Juice	Grapes/Side Salad Milk/Juice
Soft Tacos	10 Patty Melt	11 Pancake Bites	Chicken Tender 42	Mac & Cheese
Black Beans	Pears	Carrots	Rice Bowl Edamame	Apricots
Fruit Mix	Tater Tots Milk/Juice	Applesauce	Applesauce	Side Salad Milk/Juice
Milk/Juice		Milk/ juice	Milk/Juice	WillkyJulice
Popcorn Chicken with Lomein Noodles Oranges Broccoli Milk/Juice	Chicken patty Waffle Fries Pears	Spaghetti with Meat Sauce Cantaloupe Baked beans Milk/Juice	Waffles & Sausage Pineapples Red Peppers Milk/Juice	Meatball Sub Grapes Side Salad Milk/Juice
	Milk/Juice	0.5	,	·
Fish Bites	Chicken Parm	Nachos	Bacon Cheeseburger	Chicken Nuggets
Applesauce	Pineapple	Fruit Mix	Cantaloupe	Applesauce Side Salad
Carrots	Broccoli	Black Beans Milk/Juice	Celery	Milk/Juice
Milk/Juice	Milk/Juice	,	Milk/Juice	
Chicken Patty Slider Pineapples	Turkey Barbacoa Tacos Oranges	Chicken Dumplings Applesauce Carrots Milk/Juice	French Toast with Sausage Cantaloupe	Tater Tot Beef Nachos Applesauce Side Salad
Edamame	Red Peppers		Corn	Milk/Juice