



OCTOBER

Growing Up Digital

October Parent Resource

Grades 7–8

Theme: What Should We Share Online?



As students enter junior high, sharing often happens through Snapchat, group chats, and direct messages. Families need to talk about privacy, consent, and what happens when an image is saved, shared, or sent farther than intended.



It Was Only for One Person

Student D, age 13, sends a funny but embarrassing photo to a friend on Snapchat, assuming it will disappear. After a disagreement, Student D hears that the image was screen-shotted and shown to other students. Student D feels embarrassed and betrayed. The family must decide how to talk about consent, trust, and what to do when an image is shared without permission.



TALK ABOUT IT

- Why can disappearing messages still become permanent?
- What is the difference between sending an image privately and giving permission to share it?
- What should Student D do next?
- What should someone do if they receive a private or embarrassing photo of someone else?



FOR PARENTS

- Explain that saving, screenshotting, or forwarding someone else's image without permission breaks trust and can cause harm.
- Emphasize that privacy, respect, and consent matter online.
- Keep communication calm so your child will ask for help quickly.
- The goal is guided independence and responsible choices.



TRY THIS AT HOME

- Create a family plan for what to do if a private or embarrassing image is sent or received.
- Finish these statements together:
 - *I will not screenshot or forward private photos.*
 - *If someone sends me something harmful, I will...*
 - *If someone pressures me to send a photo, I will...*
 - *We will review this again on...*



FAMILY PHRASE

"I want more privacy, and I understand that respecting other people's privacy is part of earning that trust."