



OCTOBER

Growing Up Digital

October Parent Resource

Theme: What Should We Share Online?



Sharing is a normal part of being online. Students share to connect, create, and have fun. But not everything should be shared. Families can help children learn what information is safe to share, what should stay private, and how to think before posting or sending anything online.

Grades K–2



My Personal Information Stays Private

Student A is excited to join an online game that friends play. The game asks for a name, age, school, and a picture to finish the profile. Student A wants to play right away and thinks sharing that information is no big deal.



TALK ABOUT IT

- What information is okay to share online?
- Why are name, age, school, and address private?
- What could happen if Student A shares too much?



FOR PARENTS

- Use child profiles and privacy settings.
- Help your child use a nickname instead of a full name.
- Teach that name, age, school, address, and passwords stay private.



TRY THIS AT HOME

- Explore one app or game together and identify what it asks for.
- Practice creating a safe screen name.



FAMILY PHRASE

"We keep our names, ages, where we live, and our school to ourselves online."

Grades 3–4



Think Before You Share

Student B wants to post a fun photo from after school. In the picture, a street sign and the name of Student B's school can be seen in the background. Student B thinks it is just a fun picture, but is not sure if it is safe to share.



TALK ABOUT IT

- What clues in a photo tell others where you are?
- Who might see a post, even if it is just for friends?
- How can Student B decide if a photo is safe to share?



FOR PARENTS

- Remind your child that photos can reveal location and routines.
- Talk about the difference between sharing with close friends and posting publicly.
- Encourage the question, "Would I be okay if a stranger saw this?"



TRY THIS AT HOME

- Look at recent photos together for background details.
- Practice deciding what is okay to share and what should stay private.
- Set a rule to check with a parent before posting.



FAMILY PHRASE

"We look for details in photos before we share and make sure it is safe for everyone to see."

Grades 5–6



What I Share Shapes My Story

Student C is chatting with a new online friend from a game. The friend asks for a selfie and wants to know where Student C lives so they can "send a gift." Student C feels flattered, but is not sure it is safe to share a photo or personal information.



TALK ABOUT IT

- Why might someone you do not know ask for a photo or personal information?
- What could happen if Student C shares a selfie or address?
- What are some ways to keep the conversation safe?



FOR PARENTS

- Talk about the risks of sharing photos, location, or personal information with people only known online.
- Remind your child that people online may not be who they say they are.
- Encourage your child to come to you if something online feels uncomfortable.



TRY THIS AT HOME

- Role-play how to respond if someone asks for a photo, personal information, or to meet in person.
- Review privacy settings together.
- Create a family plan for what to do if your child feels pressured to share.



FAMILY PHRASE

"We pause, think, and ask before we share personal information or photos online."