## Lunch Menu

## Mariemont JR High

## February 2024

## Complete your meal with Healthy Choices!

-Remember you must take a fruit, vegetable, or juice to complete your meal. -All bread/grain items are 50\% whole grain! -Fat-Free Chocolate and Low-Fat White Milk

THURSDAY
FRIDAY
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\text { provider. }\end{array} & & 1 & \begin{array}{c}\text { We Serve A }\end{array}
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Variety of Hot <br>

and cold\end{array}\right\}\)| Sandwiches Daily. |
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| Menu is subject to change. |

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| Ham Melt or <br> Chili Dog <br> Side Salad <br> Grapes | Nachos or Chicken Patty <br> Black Beans <br> Pineapples | Chicken Rice Bowl or <br> Hamburger <br> Carrots <br> Peaches | Tater Tot Bowl <br> or <br> Spicy Chicken <br> Green Beans <br> Grapes | Mac \& Cheese Or Cheeseburger French Fries Carrots |
| :---: | :---: | :---: | :---: | :---: |
| Chicken Parm or Bosco Sticks Cucumbers Pears | Tacos or 13 <br> Black Bean <br> Burger <br> Refried Beans <br> Grapes | Penne Pasta with Chicken or Cheeseburger Side Salad Peaches | Orange Chicken 15 over Rice or Grilled Cheese <br> Carrots <br> Grapes | No School |
| NO School | Beef Tacos <br> or <br> Fish Tacos <br> Black Beans <br> Pears | Chicken Bowl or Chicken Nuggets <br> Carrots <br> Pineapples | French Toast 22 <br> Sticks or Meatball Sub Side Salad Grapes | Cheeseburger or Chicken Nuggets <br> French Fries <br> Applesauce |
| Corn Dog 26 or Spicy Chicken <br> Sandwich <br> Side Salad <br> Peaches | Walking Tacos <br> or Hamburger <br> Refried Beans Applesauce | Beef Stew over Rice or Bosco Sticks Cucumbers Orange slices | Mac \& Cheese <br> or Chicken Patty <br> Tomatoes <br> Grapes | Meatball Sub or Cheeseburger <br> French Fries Pears |

