



Lunch Menu Mariemont
Junior High

November 2024

Complete your meal with Healthy Choices!

- Remember you must take a fruit, vegetable, or juice to complete your meal.
- All bread/grain items are 50% whole grain!
- Fat-Free Chocolate and Low-Fat White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>This Institution is an equal opportunity provider</p> <p>Menu is subject to change</p>				<p>1</p> <p>Tater Tot Beef</p> <p>Nachos</p> <p>Grapes/Side Salad</p> <p>Milk/Juice</p>
<p>4</p> <p>Chicken Patty</p> <p>Slider</p> <p>Fruit Mix</p> <p>Carrots</p> <p>Milk/Juice</p>	<p>5</p> <p>Soft Tacos</p> <p>Pears</p> <p>Refried Beans</p> <p>Milk/Juice</p>	<p>6</p> <p>Chicken Alfredo</p> <p>Peaches</p> <p>Broccoli</p> <p>Milk/ juice</p>	<p>Breakfast Day 7</p> <p>French Toast</p> <p>with sausage</p> <p>Edamame</p> <p>Applesauce</p>	<p>8</p> <p>BBQ Chicken Sandwich</p> <p>Whole Apples</p> <p>Side Salad</p> <p>Milk/Juice</p>
<p>11</p> <p>Fish Bites</p> <p>w/French Fries</p> <p>Peaches</p> <p>Milk/Juice</p>	<p>12</p> <p>Chicken Quesadilla</p> <p>Fruit Mix</p> <p>Black Beans</p> <p>Milk/Juice</p>	<p>13</p> <p>Orange Chicken over Rice</p> <p>Cantaloupe</p> <p>Broccoli</p> <p>Milk/Juice</p>	<p>14</p> <p>Milk/Juice</p> <p>Double Cheeseburger</p> <p>Pineapples</p> <p>Red Peppers</p> <p>Milk/Juice</p>	<p>15</p> <p>Meatball Sub</p> <p>Grapes</p> <p>Side Salad</p> <p>Milk/Juice</p>
<p>18</p> <p>Popcorn Chicken Bowl</p> <p>Fruit Mix</p> <p>Carrots</p> <p>Milk/Juice</p>	<p>19</p> <p>Nachos</p> <p>Pineapple</p> <p>Refried Beans</p> <p>Milk/Juice</p>	<p>20</p> <p>Spicy Chicken w/ Pepper Jack Sandwich</p> <p>Fruit Mix</p> <p>Side Salad</p> <p>Milk/Juice</p>	<p>21</p> <p>Waffles & Sausage</p> <p>Cantaloupe</p> <p>Celery</p> <p>Milk/Juice</p>	<p>22</p> <p>Spaghetti w/ Meat Sauce</p> <p>Cantaloupe</p> <p>Side Salad</p> <p>Milk/Juice</p>
<p>25</p> <p>Chicken Tenders</p> <p>Pineapples</p> <p>Edamame</p> <p>Milk/Juice</p>	<p>26</p> <p>Meat Lovers Pizza</p> <p>Oranges</p> <p>Red Peppers</p> <p>Milk/Juice</p>	<p>27</p> <p>NO SCHOOL</p>	<p>28</p> <p>NO SCHOOL</p>	<p>29</p> <p>NO SCHOOL</p>