

Lunch Menu Mariemont Elementary/Terrace Park

## November 2023 Complete your meal with Healthy Choices!

-Remember you must take a fruit, vegetable, or juice to complete your meal. -All bread/grain items are 50% whole grain!

			-Fat-Free Chocolate and Low-Fat White Milk		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		Meatball <sup>1</sup> Sub or Chicken Tenders	2 Breakfast Day Or Grilled Cheese	3 Pizza Day or Hamburger	
6 Chicken Bowl or Cheeseburger	<b>7</b> Chicken Patty Or Quesadilla	8 Spaghetti and Meatballs or Chicken Nuggets	9 Day Or Mini Corn Dog	10 Pizza Day Or Grilled Cheese	
13 Fish Sticks Or Chicken Nuggets	<b>14</b> Mini Corn Dogs Or Chicken Patty	15 Nachos Or Quesadilla	16 Thanksgiving Dinner	17 Pizza Day Or Hamburger	
20 Chicken Slider Or Hot Dog	21 Spaghetti and Meatballs Or Chicken Tenders	22 NO SCHOOL	23 NO SCHOOL	NO 24 SCHOOL	
27 Mini Corn Dogs or Mac & Cheese	28 Nachos or Chicken Tenders	29 Chicken Bowl or Quesadilla	Breakfast 30 Day or BBQ Chicken		