



Strengthening Families 10-14 Program

Being a parent or caregiver can be hard. Being a 10-14-year-old can be hard. Join us for a FREE 7-week program where we will work with your family to strengthen your relationships with a variety of skills & tools. Childcare is FREE for children under 10.

Structure

5:30-6:00: Family meal provided.

6-7: Parents & caregivers are provided skills and tools watching role-playing videos and through discussion.

6-7: Youth session where skills and tools are provided with activity-based learning.

7-8: Family session (parents/caregivers and youth together) with family-based activities and conversation.



Where? When?

Arbor Circle
412 Century Lane Holland, MI

Thursday Evenings
January 18th - February 29th
5:30PM - 8:00PM

Contact Us

Ruth Nelson
rnelson@arborcircle.org
616-826-2245
or use the QR code



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