

arbor circle

CONSCIOUS DISCIPLINE SKILLS SERIES

Arbor Circle is bringing parenting/care-giving and professional support to you! Join us for our virtual conscious discipline skills series. In this series we will discuss the different skills presenting in the conscious discipline curriculum. Sessions are stand-alone - join us for as many as you'd like!

upcoming sessions:

Sessions are the **THIRD TUESDAY** of every month

7:30pm-8:30pm via ZOOM

Skills that will be covered:

Safe Place - December 19th, 2023

Assertiveness - January 16th, 2024

Visual Routines - February 20th, 2024

Noticing - March 19th, 2024

Choices - April 16th, 2024



 register here!



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