

Walk Across Pennsylvania



Let's Get Moving for FITober!

Help your building walk the farthest across Pennsylvania!

Who Can Join?

West Mifflin Area School District K-12 Students, Families, and Staff.



How to Participate:

- Walk and track your steps each day (use a phone, watch, app, or estimate).
- Each week, scan the QR code/visit the link and submit your steps (one form per person).
- Link: tinyurl.com/WMASD-Walk (or scan QR code)
- By Nov 1, total your steps for the month and submit your final number.



The building with the most steps wins!

EVERY STEP COUNTS!

Questions? Ask your PE teacher.

Share your photos with PE teachers to be featured on social media!

