

1 Use of Restraint, Seclusion, and Aversive Techniques for Students

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3 Conduct of Employees Directed Toward Students

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5 The use by appropriately trained District personnel towards or directed at any student of any
6 form of restraint or seclusion, as defined in this policy, is prohibited except in circumstances
7 where proportional restraint or seclusion of a student is necessary when a student's conduct
8 creates a reasonable belief in the perspective of a District employee that the conduct of the
9 student has placed the student, the employee, or any other individual in imminent danger of
10 serious bodily harm.

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12 The employee or any employee who is a witness to this event shall immediately seek out the
13 assistance of the school's administration or, if such administrator is not available, a certified or
14 classified employee with special training in seclusion and restraint, if available. Upon the arrival
15 of such individual, the administrator or, if no administrator is available, the most senior trained
16 individual on seclusion or restraint shall take control over the situation.

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18 Seclusion or restraint of a student shall immediately be terminated when it is decided that the
19 student is no longer an immediate danger to him or herself or to any other third person or if it is
20 determined that the student is exhibiting extreme distress or at such time that appropriate
21 administrative personnel have taken custody of the child or upon such that that the parent/legal
22 guardian of the child has retaken custody of the child.

23
24 Regardless of employee training status, no District personnel shall use any form of aversive
25 technique or corporal punishment against any student. All seclusion will be in compliance with a
26 student's IEP or Section 504 Plan.

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28 If a situation occurs where a properly trained District employee must use acts of restraint or
29 seclusion against a school student, the following shall occur:

- 30
31 1. The employee shall immediately report to their building principal, in writing, the
32 following information:
33 a. The date the event occurred;
34 b. The circumstances leading to the event;
35 c. The student involved; and
36 d. Other witnesses or participants to the event.
37
38 2. The building principal shall notify the Superintendent's office of the event, providing the
39 Superintendent's office with a copy of the report of events.
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41 3. The building principal shall ascertain if any of the school's video equipment captured the
42 event on a recording. If such event was captured on recording, the principal shall take all
43 best efforts to maintain a copy of the recording and provide such to the Superintendent's

1 Office for the Superintendent's official records of the event.
2

- 3 4. The Superintendent or designee shall ascertain the special needs status of the student
4 involved in the seclusion or restraint and shall ascertain and maintain documentation as to
5 whether or not such events were consistent with or contraindicated due to the student's
6 psychiatric, medical, or physical condition(s).
7
- 8 5. The Superintendent or designee of the Superintendent shall notify the parent or legal
9 guardian of the subject student of the situation and the event of restraint or seclusion via
10 telephone and provide the parent/legal guardian with the name and telephone contact
11 information of the building principal where the parent may obtain additional information
12 regarding the event.
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- 14 6. The Superintendent or designee of the Superintendent shall provide the parent/legal
15 guardian of the student with written notice of the event of restraint or seclusion of their
16 student.
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- 18 7. The Superintendent's office shall maintain documentation as to events of restraint and
19 seclusion and shall prepare any and all necessary reports to legal entities upon whom
20 such reports are or may become due pursuant to State and federal regulations.
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22 Training of School Personnel
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24 As part of the training and preparation of each certified administrator, certified teacher, and in-
25 building classified employee of the District, the following shall occur:
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- 27 1. Training to personnel as to proper situations and events leading to student seclusion and
28 intervention, including possible preventative alternatives to seclusion and restraint, safe
29 physical escort, de-escalation of student crisis situations, and positive behavioral
30 intervention techniques and supports;
31
- 32 2. Training of personnel in crisis/conflict management and emergency situations which may
33 occur in the school setting, including examples and demonstrations of proper activities
34 and techniques and trainers observing employee use of proper activities and techniques in
35 the training setting;
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- 37 3. Techniques to utilize to limit the possibility of injury to the student, the employee, and
38 any other third party in the area;
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- 40 4. Information as to the school's student seclusion areas in each respective school building
41 to which the employee is assigned;
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- 43 5. Training in CPR and basic first aid; and
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1 6. Provision of the employee with a copy of this policy.

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3 It is a goal that all new employees are trained in the area of student restraint and seclusion during
4 their first week of employment. However, this may not be possible due to realities of the
5 operation of a school district. If an employee has not yet undergone training and a situation
6 necessitating student restraint or seclusion occurs, and another properly trained employee of the
7 District is present at the event, the properly trained employee shall take the lead in addressing the
8 student crisis.

9
10 Designated Locations

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12 Each school building in which students are present must have a building designated location for
13 student seclusion. It is the responsibility of the building’s principal, or designee of the principal,
14 to assure that the building’s designated seclusion location is a safe and clean location and that
15 such location has appropriate supervision when any student has been placed into seclusion
16 pursuant to this policy. All seclusion will be in compliance with a student’s IEP or Section 504
17 Plan. Appropriate supervision shall include an adult in the seclusion location which as
18 continuous visual observation of the secluded student.

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20 Definitions

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22 For the purposes of this policy, the following definitions shall apply:

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24 **Restraint:** The immobilization or reduction of a student’s freedom of movement for the purpose
25 of preventing harm to students or others through chemical, manual method, physical, or
26 mechanical device, material, or equipment.

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28 **Seclusion:** Involuntary confinement in a room or other space during which a student is prevented
29 from leaving or reasonably believes that he or she can leave or be prevented from leaving
30 through manually, mechanically, or electronically locked doors that, when closed, cannot be
31 opened from the inside; blocking or other physical interference by staff; or coercive measures,
32 such as the threat of restraint, sanctions, or the loss of privileges that the student would otherwise
33 have, used for the purpose of keeping the student from leaving the area of seclusion.

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35 **Aversive Technique:** Physical, emotional, or mental distress as a method of redirecting or
36 controlling behavior including but not limited to corporal punishment.

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39 Legal Reference:

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41 Policy History:

42 Adopted on: July 2022

43 Revised on:

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Jefferson High School District #1

STUDENTS

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1 *Revision Note:*