

1 Management of Sports Related Concussions

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3 The Jefferson High School District recognizes that concussions and head injuries are commonly  
4 reported injuries in children and adolescents who participate in sports and other recreational  
5 activities. The Board acknowledges the risk of catastrophic injuries or death is significant when a  
6 concussion or head injury is not properly evaluated and managed. Therefore, all K-12  
7 competitive sport athletic activities in the District will be identified by the administration.

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9 Consistent with guidelines provided by the U.S. Department of Health and Human Services,  
10 Centers for Disease Control and Prevention, the National Federation of High School (NFHS) and  
11 the Montana High School Association (MHSA), the District will utilize procedures developed by  
12 the MHSA and other pertinent information to inform and educate coaches, athletic trainers,  
13 officials, youth athletes, and their parents and/or guardians of the nature and risk of concussions  
14 or head injuries, including the dangers associated with continuing to play after a concussion or  
15 head injury. Resources are available on the Montana High School Association Sports Medicine  
16 page at [www.mhsa.org](http://www.mhsa.org); U.S. Department of Health and Human Services page at: [www.hhs.gov](http://www.hhs.gov);  
17 and; the Centers for Disease and Prevention page at [www.cdc.gov/concussion/sports.index.html](http://www.cdc.gov/concussion/sports.index.html).

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19 Annually, the district will distribute a head injury and concussion information and sign-off sheet  
20 to all parents and guardians of student-athletes in competitive sport activities prior to the student-  
21 athlete's initial practice or competition.

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23 All coaches, athletic trainers, officials, including volunteers participating in organized youth  
24 athletic activities, shall complete the training program at least once each school year as required  
25 in the District procedure. Additionally, all coaches, athletic trainers, officials, including  
26 volunteers participating in organized youth athletic activities will comply with all procedures for  
27 the management of head injuries and concussions.

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29 Reference: Montana High School Association, Rules and Regulations Section 4,  
30 Return to Play

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32 Legal Reference: Dylan Steigers Protection of Youth Athletes Act

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34 Cross Reference: 3415F Student-Athlete & Parent/Legal Custodian Concussion Statement

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37 Policy History:  
38 Adopted on: July 2013  
39 Reviewed on:  
40 Revised on: