

KNOW WHERE TO GO

Convenient, Quality Care For The Right Cost

promedica.org/knowwheretogo



PRIMARY CARE

1 **PROMEDICA PHYSICIANS**
\$

Routine and non-emergency services such as:

- Chronic illness (diabetes, heart disease management)
- Physicals, annual exams, immunizations
- Asthma and allergy management
- Pain management (back pain)
- Prescription and drug management

MyChart e-visits

Communicate with your ProMedica Physician directly through the MyChart patient portal to treat non-urgent conditions.

Don't have a MyChart Account? Register at: mychart.promedica.org

ProMedica AfterHours

Staffed by nurse practitioners treating non-emergency conditions during evenings, weekends and holidays.

For locations visit: promedica.org/afterhours

Available by appointment.
800-PPG-DOCS | promedica.org/doctors

ONLINE DOCTOR VISIT

2 **PROMEDICA ONDEMAND**
\$

Affordable, fast, convenient care through our mobile app 24/7/365. Treats common, low-level conditions for all ages for symptoms such as:

- Allergy and cold symptoms: ear aches, sore throats, cough
- Pink eye
- Fever or rashes
- Headaches and migraines
- Nausea, vomiting and diarrhea
- Urinary tract infections

To learn more, sign up, or download the mobile app visit: promedica.org/ondemand

URGENT NON-EMERGENCY

3 **PROMEDICA URGENT CARE**
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Urgent, non-emergency services such as:

- Sprains or broken bones
- Minor cuts and burns
- Fever that spikes
- Respiratory symptoms
- Urination changes
- Migraines
- Work injury

Open 365 days a year.

For locations and more information visit: promedica.org/urgentcare

ABSOLUTE EMERGENCIES ONLY

4 **PROMEDICA EMERGENCY CENTERS**
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Advanced emergency services and hospital services such as:

- Chest pain
- Numbness in the face, arm, or leg (stroke symptoms)
- Head injuries
- Pregnancy complications
- Uncontrollable bleeding

24 hours a day, 7 days a week, 365 days a year.

For locations and more information visit: promedica.org/erlocations

WRONG REASONS TO GO TO THE ER



Minor Cuts
Sprains
Minor Headaches

Sun Burns or Minor Burns
Rash or Poison Ivy

Fevers
Ear Aches