

WANT AN EASIER WAY TO TRACK YOUR INSURANCE ACTIVITY?

MY PARAMOUNT



WHEN YOU CREATE A **MYPARAMOUNT** MEMBER ACCOUNT, YOU GET:

- At-a-glance summaries of your benefits, deductibles, claims and recent providers.
- Your digital ID card, which can be faxed, emailed and mailed.
- Quick access to **"Find a Provider"** and **"Preferred Drug List."**
- A secure message center for contacting us.
- Electronic explanation of benefits (EOB) for faster claims information. If you prefer to receive EOBs digitally, you can switch from paper to digital communication in the portal.
- Access to **"Paramount Perks"** showcased throughout the year.
- Wellness reminders, recent health news and other helpful links.
- Mobile-friendly functionality for easy navigation on your cell phone or tablet.

If you have any questions once you login, you can use Live Chat for immediate assistance. Live Chat is available Monday through Friday, 9 a.m. to 4 p.m.

CREATE AN ACCOUNT:

1. Go to MyParamount.org.
2. Click on **"Register"** at the top of the page.
3. Read and accept the terms of use.
4. Use your Paramount ID card and enter your personal information.
5. Set up your account with a username, password, security question and additional information.
6. Check your email to activate your account.
7. Login and explore!

