

Basketball information: Girls Coach Jason Dahlheimer and Joe Ventura, Boys Coach Marc Knott and Tom Farmer

10/20 and 10/22 **girls** open gym 2:30-4:00

10/19 and 10/21 **boys** open gym 2:30-4:00

10/26 and 10/27 **girls** tryouts begins 2:30-4:00, cuts made after practice

10/28 and 10/29 **girls** practice begins 2:30-4:00

10/30 - 11/2 **girls** practice 4:00-5:30

10/30 - 11/2 **boys** tryout 2:30-4:00, cuts made after practice

11/3 - practices for both **boys and girls** to be determined

To attend any open gyms or open mats all athletes must have registered on final forms and an updated physical. If a physical was turned in for a fall sport and up to date, there is no need to turn another one in. All forms must be turned in and completed to attend and try out.

<https://northwestcinci-oh.finalforms.com/students>

Click the link above for final forms

<https://payschoolscentral.com/>

Click the link above to pay participation fee, due 11/20, November 20, 2020

Wrestling information:Coach Luke Starnes and Pat Albrink

11/2, 11/4 and 11/6 (M,W,F) open mats in the cafeteria - 2:30-4:00

11/13 first day of practice (non cut sport, everyone is welcome)

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