

Do You Live in Mahoning County?

Family Connects Ohio

Part of the Help Me Grow system of supports

The first few days and weeks home with a newborn can be a challenging time for everyone. Let Family Connects Ohio lend a helping hand.

Help Me Grow is proud to partner with Mahoning County Public Health and Family Connects International to provide an in-home visit from a nurse who will offer support, guidance, and connections to additional resources—at no cost to you.

Help for baby

- Baby health check
- Infant feeding and fussiness
- Bathing, diapering and swaddling
- Safe sleep

Help for mom

- Mom's health check
- Breastfeeding support
- Family planning advice
- Post-partum depression screening

Help for family

- Scheduling doctor's appointments
- Understanding child care options
- Early literacy information
- Community connections

**Scan the QR code
to learn more and
enroll today!**

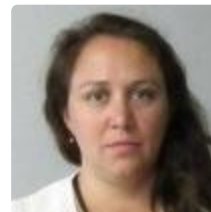


**Have more questions? Please call (330) 616-3322
or email hmgreferrals@helpmegrow.org.**

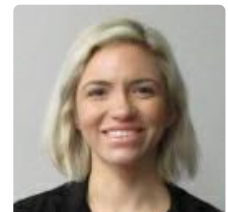
Team



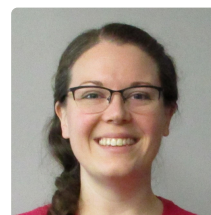
Erica Horner, MPH, BSN, RN
Director of Nursing & Community Health



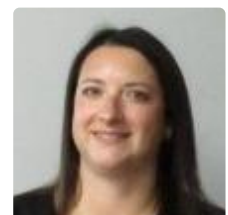
Andrea Medvec, BSN, RN
Nurse Home Visitor



Chandace Regano, BSN, RN
Nurse Home Visitor



Kayla Scheufler, BSN, RN
Nurse Home Visitor



Kathryn Yash, BSN, RN
Nurse Home Visitor



**Department of
Children & Youth**
Help Me Grow Home Visiting