

Monday

Tuesday

Wednesday

Thursday

Friday

5
Hamburger/Cheeseburger on Whole Grain Bun
 Oven Fries
 Mini Pickles
 Assorted Fruit & Vegetables

6
Fajita Chicken Tacos
 Mexican Rice
 Steamed Corn
 Assorted Fruit & Vegetables

7
-Early Release-
Whole Grain Pancakes
 Crispy Bacon
 Cheese Stick

1
WG Corn Dog
 Oven Fries
 Steamed Broccoli
 Assorted Fruit & Vegetables

2
WG Stuffed Crust Pizza
 Caesar Salad
 Mini Treat
 Assorted Fruit & Vegetables

12
WG Texas Toast Pizza
 Garden Salad
 Assorted Fruit
 Assorted Vegetables

13
Whole Grain French Toast Sticks
 Hot Ham
 Egg Patty
 Assorted Fruit & Vegetables

14
Heart Shaped Chicken Nuggets
 Brown Rice
 Steamed Carrots
 Assorted Fruit & Vegetables

8
Sheperd's Pie
 Ground Beef, Mashed Potatoes, Corn, Gravy
 Warm Biscuit
 Assorted Fruit & Vegetables

9
Whole Grain Gill's Pizza
 Caesar Salad
 Mini Treat
 Assorted Fruit & Vegetables

15
Macaroni & Cheese or Plain Macaroni
 Whole Grain Dinner Roll
 Steamed Green Beans
 Assorted Fruit & Vegetables

16
WG Pizza Sticks
Marinara Dipping Sauce
 Caesar Salad
 Mini Treat
 Assorted Fruit & Vegetables

19
Teriyaki Chicken
 Lo Mein Noodles
 Steamed Broccoli
 Assorted Fruit & Vegetables

20
Whole Grain Waffles
 Baked Tater Tots
 Assorted Yogurt
 Assorted Fruit & Vegetables

21
Pasta with Meat Sauce
 Whole Grain Garlic Bread
 Assorted Fruit & Vegetables

22
Grilled Cheese on Whole Grain Bread
 Tomato Soup
 Assorted Fruit & Vegetables

23
Whole Grain Pizza
 Caesar Salad
 Mini Treat
 Assorted Fruit & Vegetables

26
Have

27
A

28
Nice

29
Break!



All meals served with fruit, vegetables, and low fat assorted milk choices
Alternative Meals Offered Daily: Pizza Pack, Nacho Meal, Cereal/Yogurt Meal, Assorted Sandwiches
 All Accompanied with Fresh Vegetables, Fruit and Low Fat Milk