



# PELHAM HIGH SCHOOL Dual Sport Application

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Director of Athletics



**Student-Athlete Name:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

Please note that this is an application, by completing and submitting this form, it is not a guarantee that a student will be afforded the opportunity to compete in two sports in the same season. Before signing this form, coaches must come to an agreement with the student about what a dual sport schedule will look like for the season. Coaches do not need to sign off in agreement to any dual sport application.

Each student will still be held to the following guidelines

- No student may practice for more than 3 hours in any one day. This is total hours for both sports.
- A student may not participate in school-based athletic programs for seven consecutive days. This is accumulation for both sports.

By signing below, both coaches agree to the following:

- Interscholastic competitions come before practices.
- Primary sport competition comes before secondary sport competition.
- Secondary sport competition comes before primary sport practice.
- Primary sport practice comes before secondary sport practice.

**Please circle the two sports in the SAME SEASON that you wish to play.**

**Sport:**

**Fall Season:**

Volleyball

Football

Golf

Cross Country

Soccer

Field Hockey

Spirit

**Winter Season:**

Basketball

Gymnastics

Ice Hockey

Indoor Track & Field

Spirit

Swim & Dive

Wrestling

**Spring Season:**

Baseball

Lacrosse

Outdoor Track & Field

Softball

Tennis

Which of the two sports will be declared your primary sport in the case of conflicts? \_\_\_\_\_

Turn this form into the athletic office once competed.

Please communicate your desire to participate in two sports in the same season to the two coaches of those programs, your parent/guardian, your Assistant Principal, and at least one teacher or counselor. All must sign this form in the affirmative in order for you to participate in two sports in the same season.

**You must get the following three signatures BEFORE getting the coaches to sign.**

- ☐ As this student's administrator I fully support this student in their effort to play two sports in the same season and believe they will be able to manage the schedule and maintain their academic performance.
- ☐ As this student's administrator I **DO NOT** support this student in their effort to play two sports in the same season.

**Assistant Principal:** \_\_\_\_\_

- ☐ As this student's counselor, I fully support this student in their effort to play two sports in the same season and believe they will be able to manage the schedule and maintain their academic performance.
- ☐ As this student's counselor, I **DO NOT** support this student in their effort to play two sports in the same season.

**Counselor:** \_\_\_\_\_

- ☐ As this student's parent/guardian, I fully support them in their effort to play two sports in the same season and believe they will be able to manage the schedule and maintain their academic performance

**Parent/Guardian Signature:** \_\_\_\_\_

**Coaches – do not sign this form without the above three signatures**

**PRIMARY SPORT** \_\_\_\_\_

- ☐ As the primary sport coach, I am confident this student will be able to meet the requirements and commitment of each sport. I further understand that competitions/events of the secondary sport will come before my sport's practices.
- ☐ As the primary sport coach, I **DO NOT** support this student in pursuing dual sports in these two sports.

**Primary sport Coach:** \_\_\_\_\_

**SECONDARY SPORT** \_\_\_\_\_

- ☐ As the secondary sport coach, I am confident this student will be able to meet the requirements and commitment of each sport. I further understand that competitions/events of the primary sport will come before my sport's competitions/events as will primary sport practices come before my sports practices.
- ☐ As the secondary sport coach, I **DO NOT** support this student in pursuing dual sports in these two sports.

**Secondary sport Coach:** \_\_\_\_\_