



How to Get Through a Bad Day with Your Child Parenting in a Pandemic

SUNDANCE EDUCATIONAL CONSULTING

**Ojo Amarillo School
December 15, 2020
5:30 pm -7:30 pm**

This workshop will provide parents with information on how to help their children build an optimistic mindset which is the emotional protection that lasts a lifetime. Booklets will be provided to each parent which includes tips on how to have a good morning, stress busters, communication skills and family connection strategies.

Follow this Zoom link below to join the meeting:
Meeting ID 815-8968-9750 Passcode 963960

<https://us02web.zoom.us/j/81589689750?pwd=b21RZnZzSFQ3aXl3eGVXKzFZVWtDQT09>

FOR MORE INFORMATION CONTACT: Christine Becker
at (505) 867-0946 or sundance@spinn.net . For More
information about Sundance visit www.sec-inc.org .



PRESENTER

Dr. Martha Carmody has a Ph.D. in clinical and developmental psychology and has been practicing psychology in the Albuquerque Area for over 25 years.

ZOOM LEARNING

This platform is for use on computers, tablets and phones for video and audio conferencing, chat and webinars as well as for teaching.

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Christine Becker is the owner of SEC which has been working with Native American parents, staff and children for the past 40 years.

