

# Fourth Grade Language Arts: Week 2

## March 23 - 27, 2020

1. Create a positive space and mind before you start working.
2. Choose a deep breathing exercise to get your body and brain ready.
3. Below you'll find a set of Must Do Activities for the Week & a set of Can Do Activities for the Week.



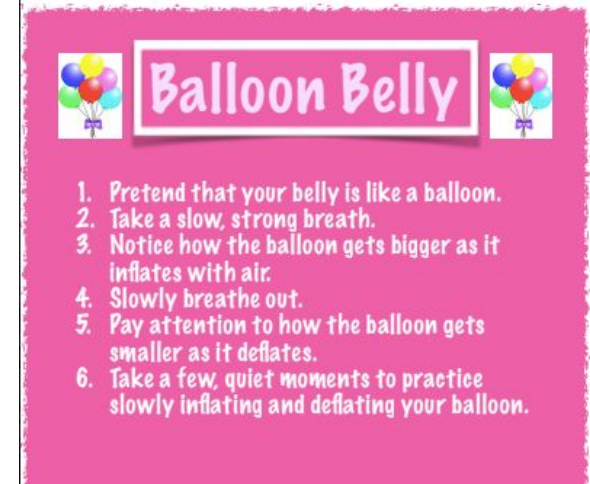
**Bubble Breath**

1. Pretend you are holding a bubble wand in your hand.
2. Take a deep breath in.
3. Hold that breath for a moment.
4. Slowly breathe out.
5. Visualize shimmering bubbles floating into the sky.
6. If there is something you are worried about right now, imagine that the bubbles are carrying that worry away.



**Roller Coaster**

1. Slowly trace your left hand with your right index finger.
2. As you trace each finger, breath in as your finger climbs.
3. Pretend that your finger is a slow roller coaster car, going up and down.
4. Remember to slowly breathe in as it climbs and slowly breathe out as it goes down.



**Balloon Belly**

1. Pretend that your belly is like a balloon.
2. Take a slow, strong breath.
3. Notice how the balloon gets bigger as it inflates with air.
4. Slowly breathe out.
5. Pay attention to how the balloon gets smaller as it deflates.
6. Take a few, quiet moments to practice slowly inflating and deflating your balloon.

\* Adapted from Pickerington Local School District

Must Do Activities for Week 2:

Read to Self	Reading	Social Studies	Language Arts	Writing
<p>Read Independently for at least 15 minutes each day.</p> <p>Bonus:</p> <p>Keep a Reading Log of what you're reading.</p> <p>Double Bonus:</p> <p>Log into <a href="#">Lexia</a> and work for 20 mins. How many units can you gain?</p> <p>Teacher Email: michelle.griffith@loganelm.org</p>	<p><a href="#">Scholastic News</a> Password: pickaway4</p> <p>March 16, 2020 Issue: The Game That Changed My Life</p> <p>Read the selections. Answer the questions on page 8. You can break the articles up over 2 or 3 days.</p> <p>I sent this home last Monday. If you do not have your paper copy write your answers on notebook paper.</p>	<p>Read about the <a href="#">Separation of Powers in the US Government</a></p> <p>After reading play two US Government Games: <a href="#">Checks and Balances Game</a> and <a href="#">Branches of Government Game</a></p> <p>You may use your Studies Weekly Newspaper that I sent home on Monday for help.</p>	<p><a href="#">IXL Language Arts</a></p> <p>Log into your account and work on:</p> <p>F.1 - F.5 Literary devices</p> <p>G.1 - G.3 Point of view</p> <p>Work on 10 questions for each. (For example: F.1, 10 questions, then F.2, 10 questions, and so on.) If you're having trouble you can move down to 3<sup>rd</sup> grade. If you're someone who has done these or is wanting a challenge, move up to 5<sup>th</sup> grade.</p>	<p>Warm up to Greek Mythology. I hope to do our Greek Myth unit when we return to school!</p> <p>Read the article <a href="#">Ancient Greece: Greek Mythology</a></p> <p>After reading the article "Ancient Greece: Greek Mythology" write a well-developed paragraph in which you explain what a greek myth is and why the Greeks created them.</p>

Click on the underlined text above and below to go to links.

**Can Do Activities for Week 2:**

<p>Be the Author</p> <p>Pick a book and create an alternate ending.</p> <p>You can do this in writing or you can even act it out and record it!</p>	<p>Take a Virtual Field Trip</p> <p><a href="#">Over 30 Virtual Field Trips with Links</a></p>	<p>Be an Artist</p> <p>Use any drawing supplies you have from around your house (crayons, paint, markers, or even just pencils to shade with).</p> <p>Be sure to look for details and include them in your drawing.</p> <p>Give your artwork a caption to help others know it's importance!</p>	<p>Vivacious Videos</p> <p><a href="#">Head to Brainpop to learn some more about Social Studies.</a></p> <p>Choose your own way to show your learning or choose one of the creative ways in the link. <a href="#">Creative ideas to show learning</a></p> <p>Don't forget that there are activities to go with each Brainpop video including quizzes to check your learning.</p>	<p>Healthy Me</p> <p>Do 2 Sets of:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 20 Jumping Jacks</li> <li><input type="checkbox"/> 15 Toe Taps</li> <li><input type="checkbox"/> 10 Sit Ups</li> <li><input type="checkbox"/> 5 Push Ups</li> </ul>	<p>Exploration</p> <p>Become a researcher and learn all that you can about a topic that interests you.</p> <p>Use books from home that you have or head to <a href="#">Epic</a>.</p> <p>After you complete your research, tell someone about what you learned.</p>	<p>Test Prep</p> <p><a href="#">English Language Arts Practice Test</a></p> <p>JUST CLICK THE GREEN SIGN IN BUTTON AT THE BOTTOM OF THE PAGE - you do NOT need to enter any personal info</p> <p>Select Grade 4 in the menu</p> <p>Choose Start G4 English Language Arts Practice Test</p> <p>Choose SELECT and BEGIN TEST NOW</p> <p>After you submit the test, it will give you feedback on your answers.</p>
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