Dear Students and Parents,

I hope this letter finds you all healthy. This is such a time of uncertainty, but please know that I am hoping to provide activities and ideas that have some variety, educational value, and meaningful learning that is not frustrating and will be beneficial to your child. Below, I have some suggestions of optional activities that will get you up and moving and perhaps serve as a little change of pace! These are not required and you can make the activities work for you, pick and choose what you do with the ideas listed below!

As always, students, check with a parent and get their permission before attempting any of the suggestions below! Wash your hands before and after all activities! Continue social distancing! Be creative and have fun!

1. Bake or help with cooking—great way to focus on measurement and states of matter (solid, liquid, gas).

2. Help with chores around the house. Keep your room picked up, help with dishes, setting the table, cleaning up a playroom, sorting the laundry, taking out the trash, taking care of a pet. Keep daily tally marks for the chores you do and compare your tally marks to the next day.

3. Take your dog for a walk or play fetch with them!

4. Create a breakfast, lunch, and dinner recipe/menu. Don’t forget to add a price to your menu items. Play restaurant with your sibling(s) or Mom and Dad. Use play money to come up with the check total for dining in your restaurant.
Then, break down your food into categories (fruits/vegetables, meats, breads/cereals/grains, dairy, sweets). Create pictures of your meals. Cut out pictures for your menu from a magazine.

5. Take a walk! Look for signs of spring. Write down or draw a picture and label what you saw while on your walk. What do you notice about the trees right now? Watch the birds! What are they doing right now?

6. With your parents guidance, use a camera or phone to take pictures of things in nature. Then, categorize the items (plants, trees, flowers, animals, insects, weather, etc.) that you took pictures of and write them in your journal or draw a picture of them in your journal and label.

7. How has the wet weather affected your yard, creeks, ponds, farm fields? How will the wet weather affect farmers trying to get in the fields? Or affect you being able to play in your yard? Write your thoughts in your journal.

8. Watch a meteorologist give a weather report. What predictions do they have for tomorrow’s weather or the weather in a week’s time? Keep track of the number of rainy/sunny/windy days by making a picture graph.

9. Video yourself giving a weather report. Have fun…make weather graphs/charts showing the state of Ohio/Pickaway county/the United States. Show your picture graph of sunny/rainy/windy days. Make predictions for next weeks weather!
10. Use a magazine or newspaper and look for compound words, contractions, proper nouns, common nouns, verbs, adjectives, 1,2,3,4 syllable words. Categorize these words in your journal.

11. Count by 5’s, 10’s, 2’s, 3’s, 100’s doing jumping jacks, lunges, “windshield wipers”, “muscles”, desk pushups, skipping, hopping, etc. Count backwards.

12. Create your own hopscotch game. Fill up the squares with numbers and then add the numbers that you land on to the numbers on a dice that you roll. Fill the squares up with your spelling words or other sight words and read the words and practice spelling the words that you land on.

13. Fill up a jar with coins, beads, buttons, poms, etc. then have family members estimate the number of items in your jar. Do this daily with different sized objects. Does the size of an object affect the space of the jar?

14. Get outside and throw/bounce/dribble/roll a ball, jump rope. Measure your jump from point A to point B using a yard stick or tape measure. Keep track of the number of seconds you can dribble/bounce a ball. Challenge your siblings or Mom and Dad!

15. I know many of you are not able to practice baseball/softball right now, so go outside and practice throwing and catching a ball. Practice swinging your bat. Fielding a ball, running bases, catching pop-flies using a foam ball.

16. Practice shooting hoops or kicking a soccer ball into a net. Set a goal and see if you can reach you goal each day!
17. Have a movie night. Who was your favorite actor/actress? What was your favorite part of the movie? Did it remind you of another movie you have seen? Don’t forget the popcorn!!

18. Tap a balloon back and forth. How many times can you tap it back and forth without it touching the ground?

19. Learn to do something new like throwing a Frisbee, playing tennis, corn hole, hitting a golf ball, horse shoes, badminton! Help/watch someone do a skill such as laundry, checking air pressure on tires of a bike or car, pick up trash, clean out a closet, etc.

20. Get some sidewalk chalk and write your spelling words/color words/number words/family members names on the sidewalk or driveway! Turn it into a game with your sibling, taking turns writing words from a certain category. Players get a point when the other player can not come up with a word on their turn. Then try a different category (foods, animals, desserts, insects, sports, tv shows, etc.).


22. Play grocery store. Price some items and then add up what you purchased.

23. Play around with a musical instrument (guitar, piano, recorder). Create your own song.

24. DANCE!! Listen to some music and dance!
25. Choose a state or a country to learn about. Create your own state! What would your state flag look like? What would be your state flag, animal? What would your state represent and why would others want to visit your state? Would your state have an ocean, rivers, parks, canyons, museums, or other important landmarks?

26. Have art/music/physical education class! You get to be the teacher! What are you going to teach?

27. You can be the reading teacher! Video yourself reading to a sibling or to your stuffed animals! Have a guided reading group with your sibling or your stuffed animals!

28. Be a math teacher! Work on your math facts, measure some objects using a ruler or blocks to measure.

29. Put on a “Play!”

30. Create a new name for a game, crayon color, a new food, or a new instrument.

31. Call or FaceTime a grandparent and talk to them about their day and about your day! Maybe you can share something from one of the choices above and get them involved over the phone.

32. Interview your grandparent.

33. Draw a picture or write your grandparent a letter and send it to them! Don’t forget your best handwriting! Ask them some questions. They might write a letter back to you! I bet they’d like a picture to go with your writing!
34. In your journal, write down the name of a place that you would like to visit or take a vacation to. What would you do when you get there? How do you get there (do you have to fly?) What is the weather like? What would you need to pack for your trip? Have you been there before or is this a new destination?

35. Have fun with some play-doh!

36. After it has rained, splash around in some puddles! Do you see some reflections in the puddles? What do you see?

37. Pick a bouquet of flowers. What type of flowers did you pick? Draw a picture of your bouquet. What does the stem look like, how many petals are on the flower, look at the inside of the flower, does it smell?

38. Write a letter to a cousin or to one of your classmates!

39. With your parents permission write Mrs. Bennington a letter! I would love to hear from you! My address is:
   Mrs. Bennington
   1360 Eastwood Dr.
   Circleville, OH 43113

   Don’t forget your best handwriting! If you would like me to write you back, make sure I have your address!!

   Hopefully you will find some of these ideas helpful! I realize that some may not work, for example, you cannot take a dog for a walk if you do not have a dog. But, perhaps you will be able to give a few a try and have some fun while doing so!

   Take Care,
   Mrs. Bennington