



CENTRAL CONSOLIDATED SCHOOLS

NEWCOMB MIDDLE SCHOOL

Home of the Falcons

6th
7th
8th

Ethel M. Manuelito, Principal
Arlene Nez-Finely, Counselor

Date: March 10, 2025

Dear Parents/Guardians,

This letter is to notify you New Mexico had a confirmed case of measles, a highly contagious virus that spreads through respiratory droplets. The virus can remain in the air for up to two hours after a person with measles leaves the room. Children and adults who have not had measles or who have not received the MMR Vaccine are at high risk of developing measles after being exposed. About 90% of people who are not protected against measles and are exposed to the virus will get infected. Children younger than five years old, adults older than twenty years old, and people with weakened immune systems are at higher risk of complications.

What should you do?

Newcomb Middle School, in collaboration with the New Mexico Department of Health, strongly encourages you to review your child's vaccination status. Children usually receive the MMR Vaccine at 12 - 15 Months and again at 4 - 6 years of age. Most school-aged children who have had two doses of MMR Vaccine are protected from measles. Talk to your healthcare provider if you are unsure of your child's vaccination status, if your child has had one dose of the MMR Vaccine, or if your child has not received the MMR Vaccine.

Protection provided by the measles vaccine is usually permanent. However, about 3 in 100 people who have received two doses of MMR Vaccine will still get measles if exposed to the virus. Therefore, we want to provide you with information about measles, and the signs and symptoms to look for in your child. If your child or anyone in your household currently has symptoms that look like measles, which include:

- Fever
- Cough
- Runny Nose
- Red, watery eyes (Conjunctivitis/pink eye)
- Tiny white spots inside the mouth
- Rash (flat, dry spots)

The rash may appear red or pink on fair skin but may have no change in color on darker skin.

Contact our school health room to report your child's illness. Newcomb Middle School, SueAnn Notah, Health Aide, (505) 696-3434. Notify the health department immediately for any suspected cases of measles by call the Center for Health Protection, available 24/7 at 1-833-SWNURSE (1-833-796-8773)

Anyone who has the measles should stay home and avoid contact with others for 4 days after the rash begins. They should not attend school, childcare, work, parties and/or gatherings. Those who were exposed to measles and who are unvaccinated should not attend school, childcare, work, parties and/or other gatherings until 21 days have passed after they were exposed.

If you or anyone else in your household has a weakened immune system or is pregnant and has never had measles or the measles vaccine, talk with your doctor immediately.

If you have questions regarding exposure, symptoms, or measles in general please call our health room, your primary provider or the New Mexico Department of Health Center for Health Protection at 1-833-SWNURSE (1-833-796-8773)

CCSD Health Team

www.ccsdnm.org

Post Office Box 7927 Newcomb, New Mexico 87455 Phone: (505) 696-3434 Fax: (505) 696-3430

Measles

IT ISN'T
JUST A
LITTLE
RASH



Measles can be dangerous, especially for babies and young children.



MEASLES SYMPTOMS TYPICALLY INCLUDE

- High fever (may spike to more than 104° F)
- Cough
- Runny nose
- Red, watery eyes
- Rash breaks out 3-5 days after symptoms begin



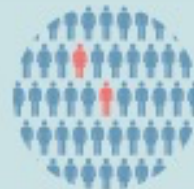
Measles Can Be Serious



About 1 out of 4 people who get measles will be hospitalized.



1 out of every 1,000 people with measles will develop brain swelling due to infection (encephalitis), which may lead to brain damage.



1 or 2 out of 1,000 people with measles will die, even with the best care.



You have the power to protect your child.

Provide your children with **safe and long-lasting protection** against measles by making sure they get the **measles-mumps-rubella (MMR) vaccine** according to CDC's recommended immunization schedule.

measles.doh.nm.gov

www.cdc.gov/measles

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Centers for Disease
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