DELTA ELEMENTARY



MEAL PRICING:

Student Breakfast	\$Free
Lunch Full Price	\$Free
Reduced Lunch Price	\$Free
Milk Only	\$.55
Adult Lunch / Breakfast	\$4.05/\$2.10

OTHER DAILY

SELECTIONS:

LUNCH Menu

January-May 2022

week 1	MONDAY Taco Max Snacks Salsa, Carrots Fruit Milk	TUESDAY Hot Dog on Bun Baked Beans Juice Milk	WEDNESDAY French Toast Sausage Potato Tots Fruit Milk	THURSDAY Spaghetti w/ Meat Sauce Dinner Roll Broccoli Juice	FRIDAY Cheese Filled Breadsticks Marinara Sauce Green Beans Fruit Milk	2 nd ENTREES M- Chicken Nuggets T-Meat & Cheese Lunch kits W-Chef Salads or PBS
2	Mini Corn Dogs Broccoli Celery & Ranch Fruit Milk	Hamburger on Bun, Lettuce, Tomato Slices Baked French Fries Juice, Milk	Walking Taco w/ Cheese & Salsa, Black Beans Fruit Milk	Popcorn Chicken Carrots Juice Milk	Macaroni & Cheese Peas Dinner Roll Fruit Milk	TH- Corn Dogs F- Fish Breakfast Options M- Pancakes or Cereal
3	Chicken Sandwich Baked Beans Fruit Milk	Chili w/ Scoops Cheese Cucumbers Juice Milk	Breakfast Sandwich Potato Tots Fruit Milk	Grilled Cheese Sweet Tots Juice Milk	Cheese Pizza Garden Salad Fruit Milk	T-Scrambled Eggs w/ Muffin or Cereal Bar W- Waffles or Cereal T- Bagels or
4	Meat & Cheese Sub Celery & Ranch Fruit Milk	Chicken Drum Stick Mashed Potatoes Roll Juice & Milk	Cook's Choice Broccoli Fruit Milk	Pizza Bites Red Peppers Juice Milk	Nacho's w/ Cheese Salsa Refried Beans Fruit Milk	Poptart F- Breakfast Pizza or Cinnamon Rolls

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Free & reduced meal applications along with Payforit are available at <u>www.pdys.org</u> Fruit offered at Breakfast. Milk choices offered at breakfast and lunch. Menus are Subject to Change

		Janu	ary	2022	2		ΙΓ	February 2022								March 2022									April 2022								May 2022					
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30	31												-		-										-										-			

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan

1.2015-2020 Dietary Guidelines for Americans 2.USDA. MyPlate.gov. http://www.myplate.gov.