

DELTA MIDDLE SCHOOL



584 Fernwood Street | Delta, OH 43515

PDYS.org

MEAL PRICING:

Student Breakfast	\$Free
Lunch Full & Reduced Price	\$Free
Milk Only	\$.55
Adult Lunch / Breakfast	\$4.05/\$2.10

LUNCH Menu

January-May 2022

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	French Toast Sausage Hashbrowns Fruit Milk	Walking Taco Cheese, Salsa Lettuce Carrots Juice Milk	Chicken Stir-Fry Over Rice Garden Salad Roll Fruit Milk	Hot Dog on Bun Baked Beans Juice Milk	Cheese Filled Breadsticks Marinara Sauce Green Beans Fruit Milk
2	Spaghetti w/ Meat Sauce Garden Salad Fruit Milk	Cook's Choice Beans Juice Milk	BBQ Pork Sandwich Baked Fries Celery & Ranch Fruit Milk	Potato Bowl w/ Popcorn Chicken Corn Roll Juice & Milk	Grilled Cheese Sweet Tots Tomato Soup Fruit Milk
3	Corn Dog Broccoli Fruit Milk	Breakfast Sandwich Potato Tots Juice Milk	Taco Max Snacks Salsa Green Beans Fruit Milk	Nacho's w/ Meat & Cheese Refried Beans Salsa Juice Milk	Macaroni & Cheese Peas Dinner Roll Milk
4	Chicken Drum Stick Mashed Potatoes Dinner Roll Fruit & Milk	Quesadilla Refried Beans Salsa Juice Milk	Chili w/ Scoops and Cheese Cucumbers Fruit Milk	Cook's Choice Red Peppers Juice Milk	Cheese Pizza Garden Salad Fruit Milk

OTHER DAILY SELECTIONS:

2nd ENTREES

M- Pizza
T-Subs
W-Chef Salads or
PBJ
TH- Burgers
F- Fish or Chicken
Sandwich

Daily

Hot Breakfast

M- Egg Wrap
T-Cinnamon Rolls
W-Pancakes
TH- Breakfast
Casserole &
English Muffin
F- Breakfast Pizza

*We also offer
other Grab & Go
Breakfast Options*

**Menus are
Subject to
Change**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Free & reduced meal applications along with Payforit are available at www.pdys.org

Fruit offered at Breakfast. Milk choices offered at breakfast and lunch.

Ala Carte snacks are available to purchase daily in our cafeteria, student's must have a positive meal balance to purchase items.

January 2022						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February 2022						
S	M	T	W	T	F	S
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March 2022						
S	M	T	W	T	F	S
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April 2022						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2022						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Week 1 Meal Plan



Week 2 Meal Plan



Week 3 Meal Plan



Week 4 Meal Plan

1.2015-2020 Dietary Guidelines for Americans
2.USDA. MyPlate.gov. <http://www.myplate.gov>.