






November 2023

Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>CEP (FREE MEALS UPK-12) Starts November 01, 2023</p> <p>Even with meals at no cost to students, the district still needs you to fill out the free and reduced meal application. It will help the district in many other areas. Please fill one out today.</p>	<p>Buffalo Chicken Wrap Garlic Breadstick North Country Carrot Coins w/ Hummus Fruit & Milk</p>	<p>Homemade Pizza Three Bean Salad Fruit & Milk</p>	<p>NY THURSDAY MENU Mac & Cheese w/Garlic Breadstick Maple Glaze Carrots North Country Apple Slices Assorted NY Milk</p>	<p>Grilled Cheese Sandwich Tomato Soup Steamed Corn Fruit & Milk</p>
<p>Tacos or Taco Salad Corn Black Bean & Cilantro Salsa Fruit & Milk</p> 	<p>Loaded Potato Bowl (Popcorn Chicken, Mashed Potatoes, Cheddar Cheese) Steamed Corn, Biscuit Fruit & Milk</p>	<p>Homemade Pizza Three Bean Salad Fruit & Milk</p>	<p>NY THURSDAY MENU Hot Dog or Hamburger on Roll Honey Glaze Carrots North Country Apple Slices Assorted NY Milk</p>	<p>Buffalo Chicken Bake Cheese Filled Breadstick Cucumber Slices Fruit & Milk</p>
<p>Ham & Cheese Croissant or Turkey & Cheese Croissant French Fries Steamed Broccoli Fruit & Milk</p>	<p>French Toast Sticks Hash Browns Sausage Fruit & Milk</p>	<p>Homemade Pizza Iceberg Garden Salad Fruit & Milk</p>	<p>Roasted Turkey Mashed Potatoes Stuffing - Butternut Squash Fruit & Milk</p>	<p>Thanksgiving Recess No School</p> 
<p>Chicken Parm Sandwich Iceberg Garden Salad Fruit & Milk</p>	<p>Orange Chicken Steamed Rice Herb Roasted Broccoli Fruit & Milk</p>	<p>Homemade Pizza Iceberg Garden Salad Fruit & Milk</p>	<p>Thanksgiving Recess No School</p>	<p>Thanksgiving Recess No School</p>
<p>Sweet & Sour Meatball Bowl Steamed Rice Roasted Carrots Fruit & Milk</p>	<p>French Toast Sticks Hash Browns Sausage Fruit & Milk</p>	<p>Homemade Pizza Iceberg Garden Salad Fruit & Milk</p>	<p>Roasted Turkey Mashed Potatoes Stuffing - Butternut Squash Fruit & Milk</p>	<p>Thanksgiving Recess No School</p> 
<p>Monday's Alternates PB&J w/crackers & cheese stick Turkey Sandwich Hotdog on a roll Chef Salad</p> 	<p>Tuesday's Alternates PB&J w/crackers & cheese stick Ham & Cheese Sandwich Hamburger on a roll Chef Salad</p>	<p>Wednesday's Alternates PB&J w/crackers & cheese stick Turkey Sandwich Chicken Tenders Chef Salad</p>	<p>Thursday's Alternates PB&J w/crackers & cheese stick Ham & Cheese Sandwich Chicken Burger on a roll Chef Salad</p> 	<p>Friday's Alternates PB&J w/crackers & cheese stick Turkey Sandwich Baked Haddock Sandwich Chef Salad</p>
<p>Monday French Toast/Pancake</p>	<p>Tuesday Breakfast Wrap/Muffin</p>	<p>Breakfast Wednesday Breakfast Sandwich</p>	<p>Thursday Breakfast Pizza</p>	<p>Friday Yogurt & Granola/Breakfast Bars</p>

This institution is an equal opportunity provider and employer.