


Menu

October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
menu subject to change without notice	Even with meals at no cost to students, the district still needs you to fill out the free and reduced meal application. It will help the district in many other areas. Please fill one out today.			1 Buffalo Chicken Bake Cheese Filled Breadstick Stick Cucumber Slices Fruit & Milk
4	5	6	7	8
Ham & Cheese Bagel Melt New York French Fries Steamed Broccoli Fruit & Milk	Hot Dog or Hamburger on WW Roll Baked Beans Fruit & Milk	Homemade Pizza Cucumber Slices Fruit & Milk	Loaded Potato Bowl (Popcorn Chicken Mashed Potatoes, Cheddar Cheese) Steamed Corn, Biscuit Fruit & Milk	Taco Salad(Cicken/Beef) Rice/Salsa Roasted Peppers/Onions Fruit & Milk
11	12	13	14	15
Columbus Day No Classes	Tacos Steamed Carrots Fruit & Milk 	Homemade Pizza Caesar Salad Fruit & Milk	Pasta with Sauce Iceberg Garden Salad Fruit & Milk	Sampler-3 Mozz Sticks, 3 Boneless Wings Cheese Filled Breadstick Stick Three Bean Salad Fruit & Milk
18	19	20	21	22
Pizza Dunkers Three Bean Salad Chicken Caesar	Orange Chicken Steamed Rice Steamed Broccoli Fruit & Milk	Homemade Pizza Iceberg Garden Salad Fruit & Milk	Roasted Turkey Mashed Potatoes Stuffing - Butternut Squash Fruit & Milk	Hot Meatball Sub Steamed Carrots Fruit & Milk
25	26	27	28	29
Turkey Bagel Melt Sweet Potato Fries Fruit & Milk	Chicken Caesar Salad w/Garlic Breadstick String Cheese Stick Fruit & Milk Alt Veg:Caesar Salad	 Homemade Pizza Three Bean Salad Fruit & Milk	Grilled Cheese Sandwich Tomato Soup Steamed Corn Fruit & Milk	Boneless Chicken Wings Rice Pilaf Celery Sticks Fruit & Milk
Monday's Alternates PB & J Sandwich w/Cheese Stick* Turkey Sandwich Chef Salad	Tuesday's Alternates PB & J Sandwich w/Cheese Stick* Ham & Cheese Sandwich Chef Salad	Wednesday's Alternates PB & J Sandwich w/Cheese Stick* Turkey Sandwich Chef Salad	Thursday's Alternates PB & J Sandwich w/Cheese Stick* Ham & Cheese Sandwich Chef Salad	Friday's Alternates PB & J Sandwich w/Cheese Stick* Turkey Sandwich Chef Salad

Breakfast				
Monday French Toast Sticks	Tuesday Cinnamon Roll	Wednesday Breakfast Sandwich	Thursday Breakfast Pizza	Friday Yogurt/Granola 

Daily Alternates: Mini Pancakes, Scones, Mini Donuts, Bagel, Poptart/Yogurt or Cereal

Daily Breakfast Offerings: 100% Fruit Juice, Fruit, Milk

This institution is an equal opportunity provider and employer.