Menu September 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
The district needs you to fill out the free and reduced meal application. It will help the district in many other areas. Please fill one out today.	Staff Development Day No Classes	Staff Development Day No Classes	Hot Dog or Hamburger on Roll Honey Glaze Carrots Fruit & Milk	8 Buffalo Chicken Bake Cheese Filled Breadstick Cucumber Slices Fruit & Milk
11 Chicken Parm Sandwich Iceberg Garden Salad Fruit & Milk	French Toast Sticks Hash Browns Sausage Fruit & Milk	13 Homemade Pizza Caesar Salad Fruit & Milk	NY THURSDAY MENU Pasta with Sauce Roasted North Country Butternut Squash North Country Apple Slices Assorted NY Milk	Sampler-3 Mozz Sticks, 3 Boneless Wings Cheese Filled Breadstick Stick Three Bean Salad Fruit & Milk
Sweet & Sour Meatball Bowl Steamed Rice Roasted Carrots Fruit & Milk	Orange Chicken Steamed Rice Herb Roasted Broccoli Fruit & Milk	Homemade Pizza Iceberg Garden Salad Fruit & Milk	Roasted Turkey Mashed Potatoes Stuffing - Butternut Squash Fruit & Milk	Quesadilla Refried Beans Red Pepper Strips Fruit & Milk
Pizza Dunkers Iceberg Garden Salad Fruit & Milk	26 Chicken Caesar Salad w/Garlic Breadstick String Cheese Stick Fruit & Milk	27 Homemade Pizza Three Bean Salad Fruit & Milk	NY THURSDAY MENU Mac & Cheese w/Garlic Breadstick Maple Glaze Carrots North Country Apple Slices Assorted NY Milk	Grilled Cheese Sandwich Tomato Soup Steamed Corn Fruit & Milk
				Prices Breakfast Lunch \$1.75 UPK-5 \$2.50 \$1.75 6-12 \$2.75 \$0.00 Reduced \$0.00
Monday's Alternates PB&J w/crackers & cheese stick Turkey Sandwich Hotdog on a roll Chef Salad	Tuesday's Alternates PB&J w/crackers & cheese stick Ham Sandwich Hamburger on a roll Chef Salad	Wednesday's Alternates PB&J w/crackers & cheese stick Turkey Sandwich Chicken Tenders Chef Salad	Thursday's Alternates PB&J w/crackers & cheese stick Ham Sandwich Chicken Burger on a roll Chef Salad	Friday's Alternates PB&J w/crackers & cheese stick Turkey Sandwich Baked Haddock Sandwich Chef Salad
Monday French Toast/Pancake	Tuesday Breakfast Wrap/Muffin	Breakfast Wednesday Breakfast Sandwich fruit juice, fresh fruit, lowfat milk, cereals offered MENU SUBJECT TO CHANGE	Thursday Breakfast Pizza	Friday Yogurt & Granola/Breakfast Bars