


McDowell Junior High School 2019-20 Menu

MENU #1 	MONDAY Chicken & Waffles Syrup Cup Potato Coins Gold Rush Juice Banana Milk	TUESDAY Bacon Cheese Burger on Bun Broccoli Corn Pears Milk	WEDNESDAY Chipotle Style Chicken Bowl Rice/Black Beans Tortilla Chips w/Salsa Vegetables/Peach Cup Milk	THURSDAY Shredded BBQ Pork on Bun Baked Beans Potatoes Wedges Applesauce Milk	FRIDAY Pizza Sticks w/Marinara Cup Green Beans Mixed Fruit Rice Krispie Treat Milk
	MONDAY Chicken Drumstick Mashed Potatoes-Gravy Tossed Salad-Dressing Roll Banana Milk	TUESDAY Hot Dog on Bun Chili Soup-Crackers Gold Rush Juice Mixed Fruit Milk	WEDNESDAY Walking Taco w/Doritos Lettuce Salsa Cup Green Beans Strawberry Cup Milk	THURSDAY Mini Pancakes-Syrup Potato Coins Cheese Omelet Celery w/Peanut Butter Peaches Milk	FRIDAY Chicken Patty on Bun Corn Baked Beans Frozen Slush Milk
	MONDAY Asian Chicken Rice Corn Broccoli Pineapple Milk	TUESDAY Chicken Nuggets-Dip Baked Beans Scalloped Potatoes Roll Strawberry Cup Milk	WEDNESDAY Baked Rotini Tossed Salad-Dressing Frozen Slush Applesauce Texas Toast Milk	THURSDAY French Toast-Syrup Sausage (2) Carrot Sticks-Dip Potato Coins Fruit Juice Milk	FRIDAY Pizza Sticks w/Marinara Green Beans Apple Rice Krispie Treat Milk
	MONDAY Chicken Patty on Bun Lettuce/Tomato Season Potato Wedges Baked Beans Grapes Milk	TUESDAY Grilled Cheese Tomato Soup-Crackers Celery Sticks-Dip Mixed Fruit Milk	WEDNESDAY Grilled Chicken Salad w/CROUTONS & Dressing Banana Roll Milk	THURSDAY Beef Soft Taco Lettuce Salsa Cup Corn Peaches Milk	FRIDAY Pizza Celery Sticks Peanut Butter Cup Green Beans Mandarin Orange Milk
	MONDAY Chicken Nuggets-Dip Loaded Potato Wedges Mixed Vegetables Roll Raisins Milk	TUESDAY Breakfast Sandwich On Pretzel Bun Hash Brown Gold Rush Juice Mixed Fruit Milk	WEDNESDAY Lasagna Roll Texas Toast Tossed Salad-Dressing Corn Pears Milk	THURSDAY Corn Dog Baked Beans French Fries Strawberry Cup Milk	FRIDAY Pizza Carrots-Dip Applesauce Green Beans Milk

BREAKFAST MENU	
MON	Muffin String Cheese Fruit Juice/Milk
TUES	Donuts String Cheese Raisins Juice/Milk
WED	Peanut Butter Sandwich Apple Juice/Milk
THURS	Danish or Cinnamon Roll String Cheese/Fruit Juice/Milk
FRI	Breakfast Bar String Cheese Fruit Juice/Milk



Prices

Lunch.....	\$3.05
Reduced.....	\$.40
Adult.....	\$3.75
Breakfast.....	\$1.80
Reduced.....	\$.30
Extra Milk.....	\$.50

Students are allowed 2 lunch charges only, breakfast no charging allowed. After charge limit an alternative meal will be given. Online lunch payments can be made @ www.payschoolscentral.com

Breakfast is served daily in cafeteria after morning bus departure.

Chicken and Noodle Holiday Dinner Dates:
Nov. 20 • Dec. 18 • April 8

Free and reduced lunch applications are available in school office or you can contact Ginger Selin @ 740 474-7501 ext. 1110

Menu is subject to change.

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

This institution is an equal opportunity provider.

AUGUST 2019	SEPTEMBER 2019	OCTOBER 2019	NOVEMBER 2019	DECEMBER 2019	JANUARY 2020	FEBRUARY 2020	MARCH 2020	APRIL 2020	MAY 2020
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3	1 2 3 4 5 6 7	1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1	1 2 3 4 5 6 7	1 2 3 4	1 2
4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	2 3 4 5 6 7 8	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9
11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	9 10 11 12 13 14 15	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16
18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	16 17 18 19 20 21 22	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23
25 26 27 28 29 30 31	29 30	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30 31	23 24 25 26 27 28 29	29 30 31	26 27 28 29 30	24 25 26 27 28 29 30