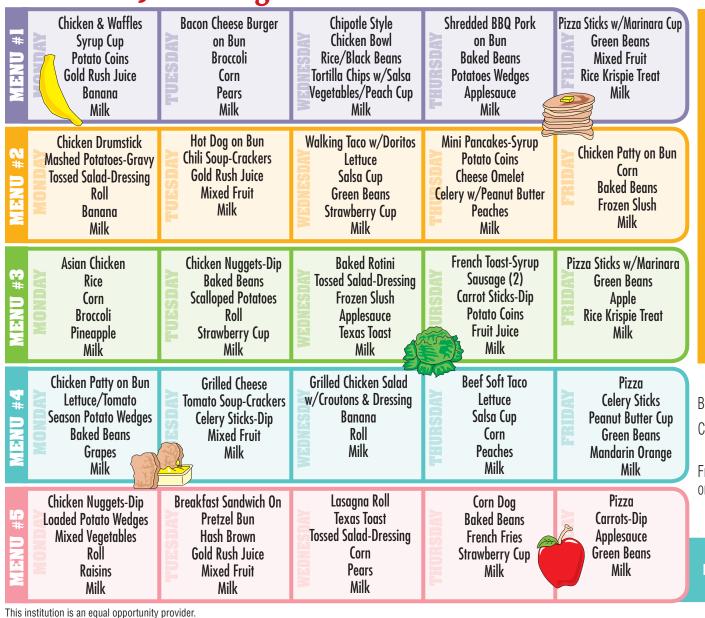
McDowell Junior High School 2019-20 Menu





Lunch	\$3.05
Reduced	\$.40
Adult	\$3.75
Breakfast	\$1.80
Reduced	\$.30
Extra Milk	\$.50

Students are allowed 2 lunch charges only, breakfast no charging allowed. After charge limit an alternative meal will be given.

Online lunch payments can be made @ www.payschoolscentral.com

Breakfast is served daily in cafeteria after morning bus departure.

Chicken and Noodle Holiday Dinner Dates:

Peanut Butter Sandwich

Apple

Juice/Milk

Danish or Cinnamon Roll

String Cheese/Fruit

Juice/Milk

Breakfast Bar

String Cheese

Fruit

luice/Milk

Nov. 20 • Dec. 18 • April 8

Free and reduced lunch applications are available in school office or you can contact Ginger Selin @ 740 474-7501 ext. 1110

Menu is subject to change.

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

AUGUST 2019	SEPTEMBER 2019	OCTOBER 2019	NOVEMBER 2019	DECEMBER 2019	JANUARY 2020	FEBRUARY 2020	MARCH 2020	APRIL 2020	MAY 2020
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3	1 2 3 4 5 6 7	1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1	1 2 3 4 5 6 7	1 2 3 4	1 2
4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	2 3 4 5 6 7 8	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9
11 12 13 14 15 16 17	15 16 17 18 19 20 <mark>21</mark>	13 14 15 16 17 18 19	10 11 12 13 14 15 <mark>16</mark>	15 16 17 18 19 20 <mark>2</mark> 1	12 13 14 15 16 17 18	9 10 11 12 13 14 15	15 16 17 18 19 20 <mark>2</mark> 1	12 13 <mark>14 15 16 17</mark> 18	10 11 12 13 14 15 16
18 19 20 21 22 23 <mark>24</mark>	22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	16 17 18 19 20 21 22	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23
25 26 27 28 29 30 31	29 30	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30 31	23 24 25 26 27 28 29	29 30 31	26 27 28 29 30	24 31 25 26 27 28 29 30