

By the numbers ...

95%

More than **95 percent** of Ohio parents who accessed Early Intervention for their child reported they were better able to support their child in learning new things and gaining new skills.

Pregnant women who participated in Home Visiting were **48 percent** less likely to have a child with low birth weight.

48%

50%

Participants of the evidence-based home visiting model Family Connect had **50 percent** fewer emergency room visits and overnight hospital stays in the first year.

Help Me Grow services help foster healthy relationships, experiences, and environments to support brain development, **90 percent** of which occurs before age five.

90%



Department of
Children & Youth

Help Me Grow

*Services and supports are available statewide,
and are provided by professionals in your area.*

Get connected to
services today!



Complete a referral form online at
www.helpmegrow.org



Call **(800) 755-GROW (4769)**
to speak with an intake specialist



Department of
Children & Youth

Help Me Grow

HOME
VISITING

EARLY
INTERVENTION

DEVELOPMENTAL
SCREENINGS

COMMUNITY
RESOURCES

About Help Me Grow

Help Me Grow is a system of supports for pregnant individuals, caregivers with new babies, and families with young children, including those with developmental delays and disabilities.

Services and supports are provided through Home Visiting (newborn and ongoing), Early Intervention, developmental screenings, and connections to community resources. All programs support families and promote the healthy growth and development of babies, young children, and their families.





Early Intervention

Early Intervention supports families with children birth to age three who have developmental delays or disabilities so that they have the best possible start in life.

Early Intervention professionals work with a child's family to identify strengths and needs and address developmental concerns as early as possible. Services are provided where families live, play, and spend their day.

Early Intervention is available in every part of the state and to any eligible child, regardless of family income.

Home Visiting

Home Visiting is a voluntary, home-based service offering pregnancy and parenting support at no cost to the family. Caring and professional home visitors connect families to information and resources that support the health of babies and the entire family.

Even after the baby is born, home visitors can help families learn about feeding, sleep, and how to keep their new baby safe and thriving.



An evidence-based Home Visiting program offering free in-home nurse visit for families with newborns.

ASQ Developmental Screening

The Ages & Stages Questionnaire (ASQ) developmental screening program helps parents and caregivers understand how a child is developing. Screening can identify strengths, uncover new milestones to celebrate, and reveal any areas where a child may need support.

FREE for Ohio families, the **Sparkler: Play for Parenting** app has a built-in ASQ to track developmental milestones quickly and easily in children from birth through age 5. You'll get personalized results and supportive guidance from a developmental screening specialist.

Community Resources

Help Me Grow offers an interactive, online Community Resource Directory, a catalog of family support services in all of Ohio's communities.

The directories contain multiple search options and interactive map listings available on both desktop and mobile. Users can share provider listings via email, text, and link sharing, and easily submit an organization to be added to the directories.

Anyone can make a referral for Help Me Grow services, and families can self-refer. One referral to Help Me Grow opens the door to many programs that support families.