



Department of Children & Youth

Help Me Grow



Help Me Grow is a system of supports for pregnant individuals, caregivers with new babies, and families with young children, including those with developmental delays and disabilities.



Home Visiting

Connect with caring and professional home visitors who provide information and resources that support the health of your baby and your entire family.



Newborn Home Visiting

Receive a free in-home nurse visit within a few weeks of welcoming your newborn, offered through the evidence-based program, **Family Connects Ohio**.



Early Intervention

Concerned about your child's development? Act early! Services are designed based on your child's specific needs and provided where they live, play and spend their day.



Developmental Screenings

Understand exactly how your child is developing for FREE with the Sparkler: Play for Parenting app and its built-in **Ages & Stages Questionnaire (ASQ) screening tool**.



Community Resources

Find pregnancy and early childhood resources and providers with Help Me Grow's interactive Community Resource Directories—a catalog of family support providers throughout Ohio.

**Sign up or
refer today!**



helpmegrow.org



**(800) 755-GROW
(4769)**



**hmgreferrals@
helpmegrow.org**



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Children & Youth

Help Me Grow

www.helpmegrow.org

Community Resource Directories

A comprehensive catalog of family support providers in all of Ohio's communities.



Search by location, service area, tag, or keyword



Interact with map listings on both desktop and mobile



Share provider listing via email, text, and link sharing



Find services and supports in your area.



ENSURE YOUR CHILD'S BRIGHT FUTURE

with Help Me Grow's Developmental Screening Program.

Download the **Sparkler: Play for Parenting** app!



sparkler

The Sparkler app has a built-in Ages & Stages Questionnaire (ASQ) to track developmental milestones quickly and easily. You'll get personalized results and support from a developmental screening specialist. Scan the QR code below and use **access code OH** after download.

FREE for Ohio families through Help Me Grow.

**Screen today.
Shape Tomorrow.**

