



Department of Children & Youth

Help Me Grow

Home Visiting • Early Intervention • Developmental Screenings • Community Resources

Help Me Grow is a system of supports for pregnant individuals, caregivers with new babies, and families with young children with developmental delays and disabilities.



Calls to **(800) 755-4769 (GROW)**
will be transferred to the
appropriate region.

Northwestern
(419) 665-3322

Central
(614) 656-3322

Western
(937) 612-3322

Eastern
(330) 616-3322

Southwestern
(513) 434-3322

Southeastern
(740) 371-3322

Northeastern
(440) 389-3322

**Get connected
or refer to
Help Me Grow
services today!**



Complete a referral form online
at **www.helpmegrow.org**.



Call **(800) 755-GROW (4769)**
to speak with an intake specialist.



Email a completed referral form to
hmgreferrals@helpmegrow.org.