



Department of Children & Youth

Help Me Grow

Help Me Grow is a system of supports for pregnant individuals, caregivers with new babies, and families with young children, including those with developmental delays and disabilities.

**Sign up or
refer today!**



helpmegrow.org



**(800) 755-GROW
(4769)**



**info@
helpmegrow.org**

Home Visiting

Connect with caring and professional home visitors who provide information and resources that support the health of your baby and your entire family.



Maternal & Newborn Home Visiting

Receive a free in-home nurse visit within a few weeks of welcoming your newborn, offered through the evidence-based program, **Family Connects Ohio**.



Developmental Screenings

Understand exactly how your child is developing for FREE with the Sparkler: Play for Parenting app and its built-in **Ages & Stages Questionnaire (ASQ) screening tool**.



Early Intervention

Concerned about your child's development? Act early! Services are designed based on your child's specific needs and provided where they live, play and spend their day.



Community Resources

Find pregnancy and early childhood resources and providers with Help Me Grow's interactive Community Resource Directory– a catalog of family support services throughout Ohio.



**Scan the QR code to learn more
about Help Me Grow programs.**

