

Partners in Play

preschool
PROMISE



Let's Make Playdough!

So much learning can happen in the kitchen as your kiddos watch and learn from you. This is a great way to talk about kitchen safety as well as math and science skills. Kitchen science is a great way to work toward Kindergarten readiness skills, sharing what you are observing and narrating what you are doing while your child (AKA kitchen assistant!) works alongside you.

As you use the recipe on the back of this card along with Emily from Dayton Children's Hospital, be sure to ask:

- What do you notice about the dough as we mix it together?
- What happens when we add water to the flour and salt?
- Can you help me count the number of scoops of flour we add to the bowl? The salt? The water?



Join Us for a Demonstration!

Join Emily Callen from the Community Teaching Kitchen at Dayton Children's Hospital as she teaches us how to make salt dough! You can find the recipe on the back of this card to cook along with Emily, or make it on your own!

When: Tuesday, December 8 at 10:00 a.m.!

Where: Join us at [Facebook.com/PreschoolPromiseMC](https://www.facebook.com/PreschoolPromiseMC), or PreschoolPromise.org!

What is the Community Teaching Kitchen?

The Community Teaching Kitchen is for kids of all ages. The Kitchen aims to develop knowledge and skills on healthy nutrition and cooking practices. The information is conveyed in an interactive way helping kids build hands-on skills!

Check out our videos on YouTube! <https://www.youtube.com/watch?v=MOZgW-enXB4>

Get Cooking!

Ingredients you'll need:



2 cups of flour



½ cup of salt



½ - 1 cup of warm water



spices (cinnamon, allspice)



food coloring

Some other things to have on hand:



wooden spoon



mixing bowl



measuring cup

Directions:

1. Combine flour, salt, and water in a bowl until it starts to clump together
2. Lay out on floured surface and knead together until it comes together as a smooth dough
3. Remember to ask questions!
 - a. Did we add all the ingredients?
 - b. What do you notice happens as we mix the ingredients together?
 - c. How does it change?

***Share your photos with us! We love to see our families cooking together. Send us your photos on Facebook and let us know how you use the dough! Look for items coming in your December playbox to make your own gingerbread person, or create your own ideas to share with us!