

Family Connections

Bi-Monthly Newsletter for Our NF Families

Monday, February 1, 2021



Valentine's Day Changes

Due to COVID protocols, NF is required to make changes with respect to Valentine's Day cards and greetings. For this year only, students should not prepare cards for their classmates. There will be no opportunity for children to move about the room and deliver cards and/or treats to friends and classmates. The NF community will still participate in fun activities on the afternoon of Friday, February 12th. A treat will be provided by the school. The ingredients for the Rice Krispies treat are noted below. If you would like to provide an alternative snack for your child, feel free to do so.

Nutrition Facts

60 servings per container

Serving size 1 Bar (22g)

Amount per serving

Calories 90

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 105mg 5%

Total Carbohydrate 17g 6%

Dietary Fiber 0g 0%

Total Sugars 8g

Includes 8g Added Sugars 16%

Protein <1g

Vitamin D 0mcg 0% • Calcium 0mg 0%

Iron 0.7mg 2% • Potassium 0mg 0%

Riboflavin 10% • Niacin 10%

Folate 70mcg DFE 15% •
(40mcg folic acid)

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

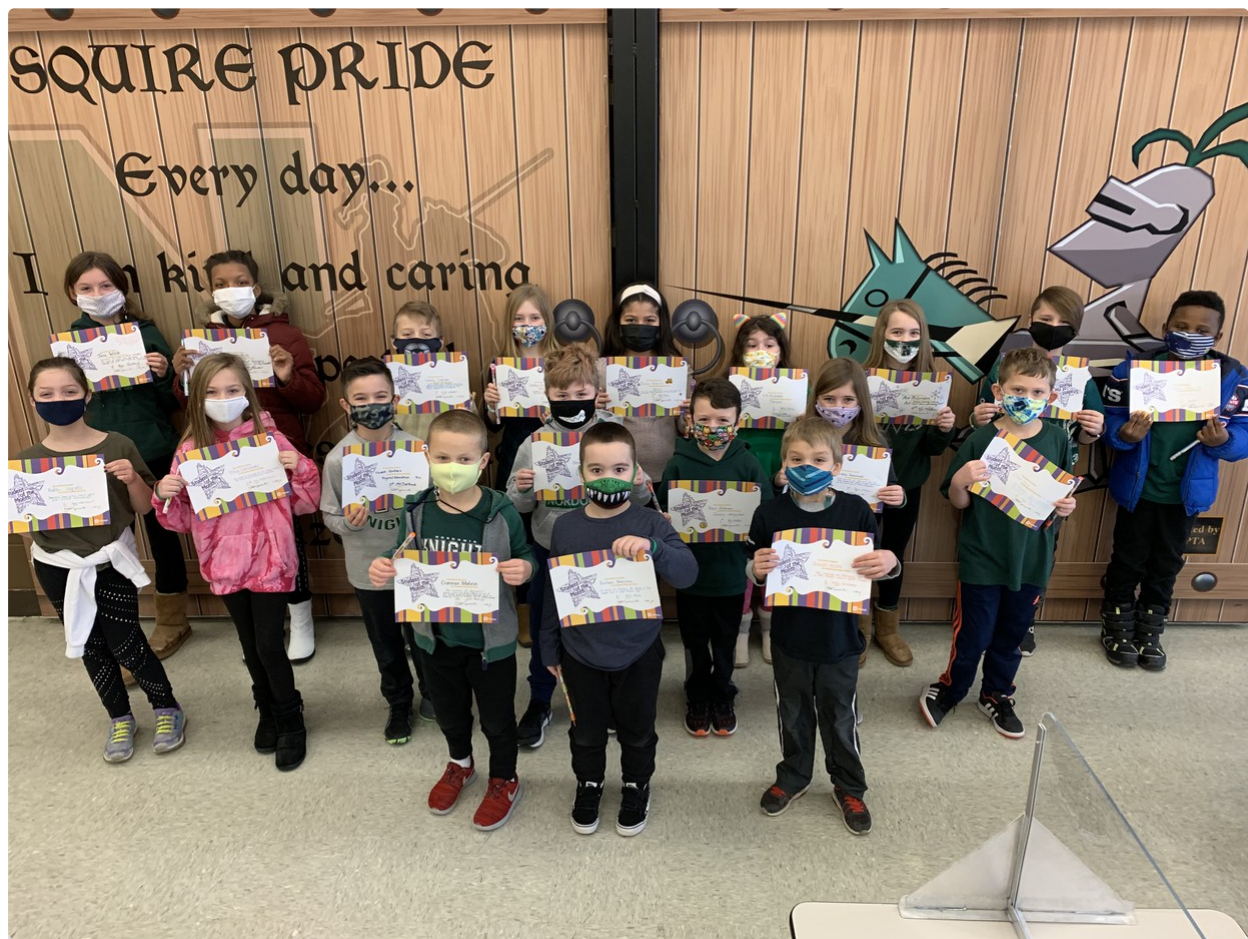
Ingredients: Toasted rice cereal (rice, sugar, salt, malt flavor, niacinamide, reduced iron, vitamin B₂ [riboflavin], folic acid), corn syrup, fructose, vegetable oil (soybean and palm oil with TBHQ for freshness), sugar, corn syrup solids.

Contains 2% or less of vegetable glycerin, dextrose, gelatin, natural and artificial flavors (contains milk), salt, DATEM, acetylated monoglycerides, soy lecithin, BHT for freshness.

CONTAINS MILK AND SOY INGREDIENTS.

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PAX LEADERS FOR THE MONTH OF JANUARY, 2021



February is Black History Month

Over the last several months, the relatively new Nordonia Diversity, Equity, and Inclusion Committee, (NDEIC), has been meeting to help celebrate accomplishments and support improvements with our minority populations, district-wide. The work of this committee has already resulted in some new initiatives such as Unity Week and the Black student organization at the high school. NF's new Black Student Excellence partnership with the middle school has been delayed due to the unpredictability with school schedules. Continuing with their mission, the NDEIC will assist with some enhancements for February's Black History Month. Working on a consistent message throughout the community, the following events are being finalized for the month's theme, *Untold Stories: Representation, Identity and Diversity*.



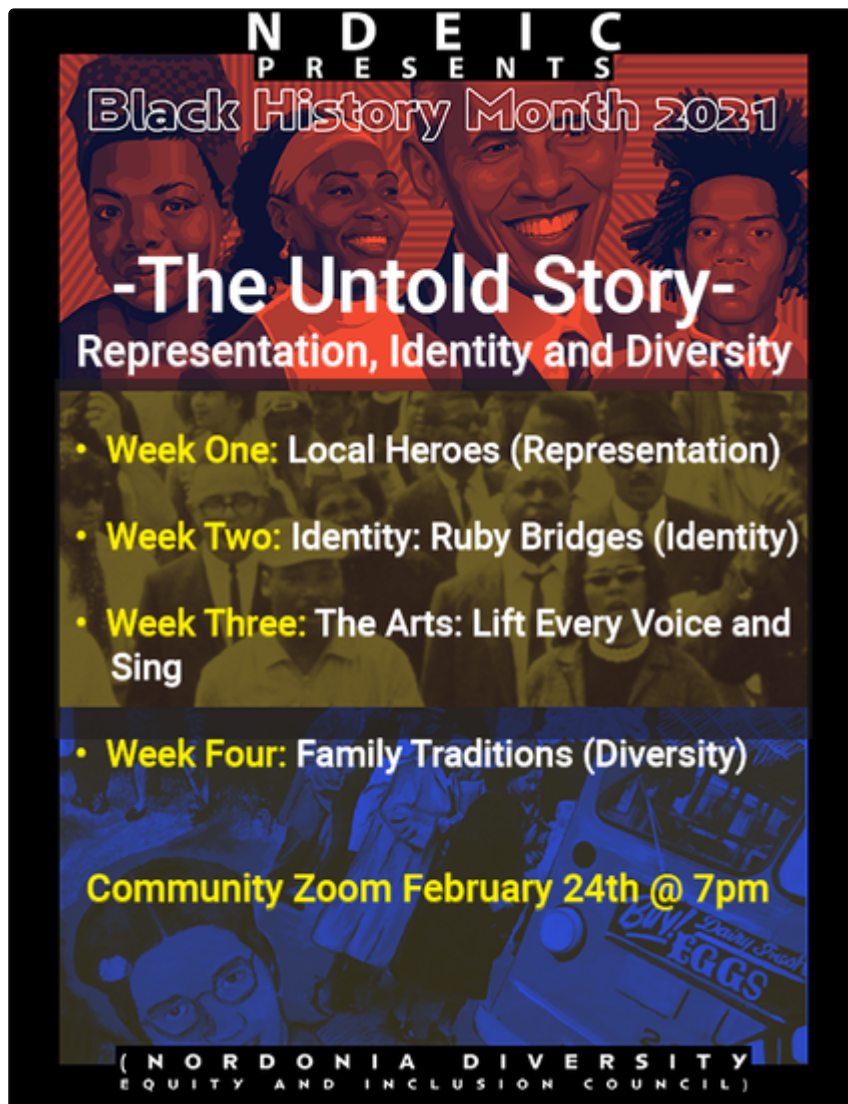
Week 1: Representation: Local Heroes in Our Community

Week 2: Identity: Ruby Bridges/K-6: Disney Ruby Bridges Movie Shown

Week 3: The Arts:/NDEIC Performance of Lift Every Voice and Sing

Week 4: Diversity: Family Traditions

Throughout the month, classrooms are encouraged to facilitate other activities showcasing the celebrations, challenges, and experiences of Black America. Our NF Black History Month Committee recently met to reflect on past practices and prepare for extra activities in our building. Staff committee members include: Ms. DeBord, Ms. Eland, Ms. Hochberg, Ms. Patterson, Ms. Wachs, Ms. Gruber, Mr. Cohen, Ms. Sacha, and Ms. Hatch.



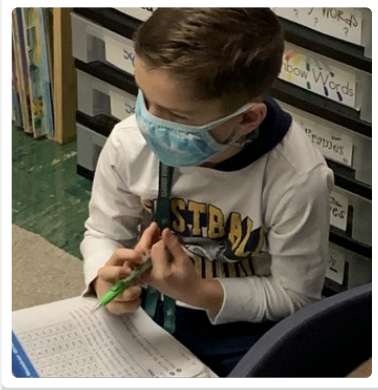
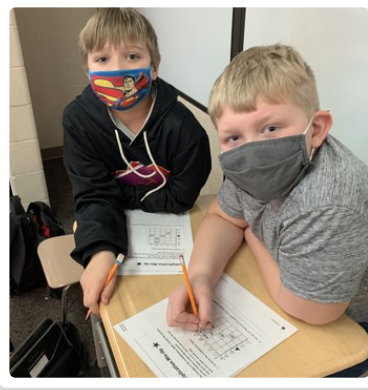
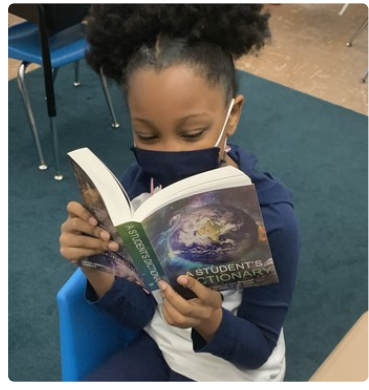
Safety and Security Updates

Over the last three years, select NF staff have created and worked on a safety and security committee. As a committee, our team meets several times each year to analyze and improve our protocols, drills, and prevention strategies. Clearly, the number one goal is the protection and well-being of your child(ren) while at school. Although our improvements are often unseen by the public, please know that our team, along with our local sheriff's department, reviews safety and security measures continuously.



Recently, our committee made the decision to purchase medical/first aid 'to go' bags for each classroom. These can be easily used when we are forced to evacuate the building. Additionally, we are in the process of installing 'substitute security' file hangers near each exit, so that visiting teachers are kept up to date on NF regulations.

Gratitude is extended to the following committee members for their insights, advocacy, and hard work: Julie Crawford, Lisa Bass, Charlie Wasco, Michele Natali, Tracy Coneglio, Ann Wachs, Brad Bender, Doug DelRosa, and Michelle Battaglia.



Patients with COVID-19 may have these symptoms:



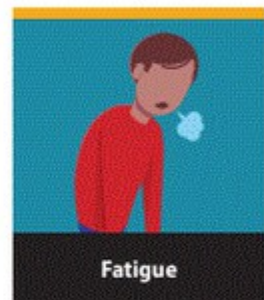
Fever or Chills



Cough



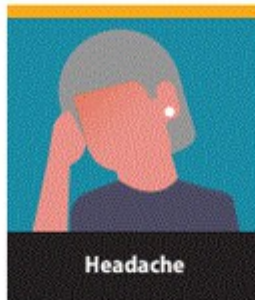
Shortness of breath or difficulty breathing



Fatigue



Muscle or body aches



Headache



New loss of taste or smell



Sore throat



Congestion or runny nose



Nausea or vomiting



Diarrhea

Common Core Math Explained



Macedonia Recreation Virtual Programs

NF Smart Phone App. Information

Download Today!

Additional Parent Resources

The K-12 School Counseling Department's February Newsletter

Miscellaneous

Staff Updates: Last week, NF welcomed back kindergarten teacher, Ms. Andrea Mock from her maternity leave. Additionally, third grade teacher, Ms. Amanda Wojtusik remains on maternity leave until April. Finally, any day now, Ms. Katie DeBord, grade 3 teacher, will begin her maternity leave. Lots of NF babies this year...what a wonderful time for our families.

Report Cards: This past Friday, your child should have come home with their 2nd quarter report card. Please review and note attendance data, as well as progress in academics. Should you have any questions, please contact your child's teacher.

PTA Award Nominations: Our incredibly supportive PTA is seeking nominations for their annual awards and district celebration. Please consider taking (15) minutes to nominate a special educator, parent, or community member that makes NF great. Awards are given for Outstanding Educator, Helping Hands, and Ohio PTA Achievement. Nomination forms were available in the latest edition of the PTA newsletter. You can also call the school and we'll send one to you electronically.

Clothing Request: Many times a day, children are in need of replacement clothes for bathroom accidents, recess mud spills, and art mishaps. Our NF Clinic, staffed by the wonderful Ms. Readus, is running low on clothes because, often times, borrowed clothes are not returned. Please check your children's closets for any unused shirts, pants, or sweatshirts. We'd be happy to take those materials out of your hands. The greatest need is for younger students.


Outdoor Recess: As we enter into the coldest of our winter months, parents and caregivers are reminded that students go outdoors for recess when the temperature is 20 degrees or higher. Students should have the appropriate winter clothes; including, a winter coat, gloves, boots and snow pants, (if the child wishes to play in the snow). Please comply with our winter recess expectations.





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 @NFSquirePride

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