

# COUNSELING CONNECTION

## GIVING BACK

Dear Parents,

This week we discussed the idea of "Giving Back" to others. We have talked about what it means to be generous with both our time and our resources. Please discuss giving back with your child at home! Here are some questions you could use to guide your discussion:

- What does it mean to be generous?
- Has anyone ever been generous to you?
- How can you give back to your family? Your school? Your community? The world?
- What is something you really want to help with?

Thank you so much for taking the time to reinforce our social-emotional learning (SEL) at home with your child!



## GIVING BACK

By: Haley O'Connor

They say I'm just a kid,  
And I have growing up to do,  
They say I'm too young,  
But I know that isn't true!

I can help someone smile,  
Or brighten up their day.  
I can help them find what  
they need,  
Or just sit down and play.

There's people that need  
food,  
And people that need  
books.

There's people that need  
to laugh,  
All I have to do is look!

I'm ready to change the  
world,  
I have so much inside of  
me!  
I can make the world a  
better play,  
Just you watch and see!



### AT HOME

Do an extra chore around the house, help a sibling, make your parents a gift



### AT SCHOOL

Write letters to staff, make encouraging posters and hang them in your classroom, show other students kindness



### IN THE COMMUNITY

Make donations to local food pantry, give clothes to those in need

