

10 INTERNET SAFETY TIPS FOR PARNTS

1

Don't block all access to technology. Help your child to learn to use it in a **safe** and **positive** way.

2

Take an **interest** in your child's favorite games, websites and apps; co-view when possible.

3

Set **boundaries** and consider using filtering software. You are the parent; remember, you are in charge!

4

Create a family media **agreement** with tech-free zones or times such as cars, bedrooms, or during meals.

5

Teach your child what **personal information** they should not revel online.

6

Help your child learn to filter information online and **navigate fact from fiction**.

7

Avoid using devices as rewards and/or punishments for your child.

8

Balance green time with screen time at home.

9

Don't support your child to sign up for sites with **age restrictions** (e.g. 13+) if they are underage.

10

Learn more! Explore reliable resources for parents so you can educate yourself and be prepared.

